

Confess your weariness but Dwell on God's goodness

Psalm 62:1-4 "I'm trusting, but I'm tottering,
and they want to topple me."

Psalm 62:6 "Truly he is my rock and my
salvation."

Faith in weariness looks like

Talking to your soul

and

Not giving up



Let me hear in the morning of your steadfast love, for in you I trust.
 Make me know the way I should go, for to you I lift up my soul.
 Deliver me from my enemies, O LORD! I have fled to you for refuge!
 Teach me to do your will, for you are my God!
 Let your good Spirit lead me on level ground!



Wait in silence (of God) for God alone.
 Confess your weariness, but dwell on God's goodness.

1. Be honest with yourself, and about yourself
2. Re-commit yourself to God — and invite others
3. Dwell on the foundational truths
4. Know what an answer would look like
5. Know your advantage and press it

PSALM 116:1-2 (NIV)

- 1** I love the Lord, for he heard my voice;
he heard my cry for mercy.
- 2** Because he turned his ear to me,
I will call on him as long as I live.



Feel

Better



When I Feel Weary

Psalms 62

Feel Better



Feel Better



Step 42:
Recommit your heart and inspire others to do the same.
 You are used, tired and in need. The emotional
 recommitment begins.
 Truly be a good and loving individual.
 Be every day, every day, **and your loved ones**.
 His suffering and his love should be in you.
 Be every day, every day, every day.
 That is the love of Jesus, **you people**.
 your all your heart to others.
 For God is in you.

Step #3: Dwell on the foundational truths	
Must know	Must feel
<p>Describe the foundation truths in your words.</p> <p>Use the foundation truths in your explanation of why you're selling.</p> <p>Describe the impact a truth</p>	<p>Describe the foundation truths in your own words.</p> <p>Use the foundation truths in your own words.</p> <p>Describe the impact a truth</p>

Step #4: Know what an answer would look like

Points 2438-25

5 things: **Just use basic** for the meaning of your consultant line, for he paid it out.
Make me know the way I should go on to get my company told.
Online me can be answered, COORD I needed to you for change!
Just me is to go with, for you and your God!
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Psalm 62:1-4 "I'm trusting, but I'm tottering,
and they want to topple me."

Psalm 62:6 "Truly he is my rock and my salvation."

Talking to your soul

Step #1:
Be honest with yourself AND about yourself.

Confess your weariness

Psalm 62:1-4 "I'm trusting, but I'm tottering,
and they want to topple me."

Step #1:

Be honest with yourself AND about yourself.



Step #2:

Re-commit your heart and implore others to join

Yes, my soul, find rest in God; (for God alone)
my hope comes from him.
Truly he is my rock and my salvation;
he is my fortress, **I will not be shaken.**
My salvation and my honor depend on God;
he is my mighty rock, my refuge.
Trust in him at all times, **you people**;
pour out your hearts to him,
for God is our refuge.

Step #3: Dwell on the foundational truths

About humanity

Surely the lowborn are but a
breath,
the highborn are but a lie.
If weighed on a balance, they are
nothing;
together they are only a breath.

About God

One thing God has spoken,
two things I have heard:
"**Power** belongs to you, God,
and with you, Lord, is **unfailing love**";
and, "**You reward everyone**
according to what they have done."

Step #4: Know what an answer would look like

Psalm 143:8-10

5 things

Let me hear in the morning of your steadfast love,
for in you I trust.
Make me know the way I should go, for to you I lift
up my soul.
Deliver me from my enemies, O LORD! I have fled to
you for refuge!
Teach me to do your will, for you are my God!
Let your good Spirit lead me on level ground!

Dwell on God's goodness

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Psalms 62:5-8 ESV

For God alone, **O my soul**, wait in silence,
for my hope is from him. **← Dwell on God's goodness**
He only is my rock and my salvation, my fortress; I shall
not be shaken.
On God rests my salvation and my glory; my mighty rock,
my refuge is God.
Trust in him at all times. **O people**, pour out your heart
before him; God is a refuge for us. **↑ Confess your weariness**

Let me hear in the morning of your steadfast love, **for in you I trust.**
Make me know the way I should go, for **to you I lift up my soul.**

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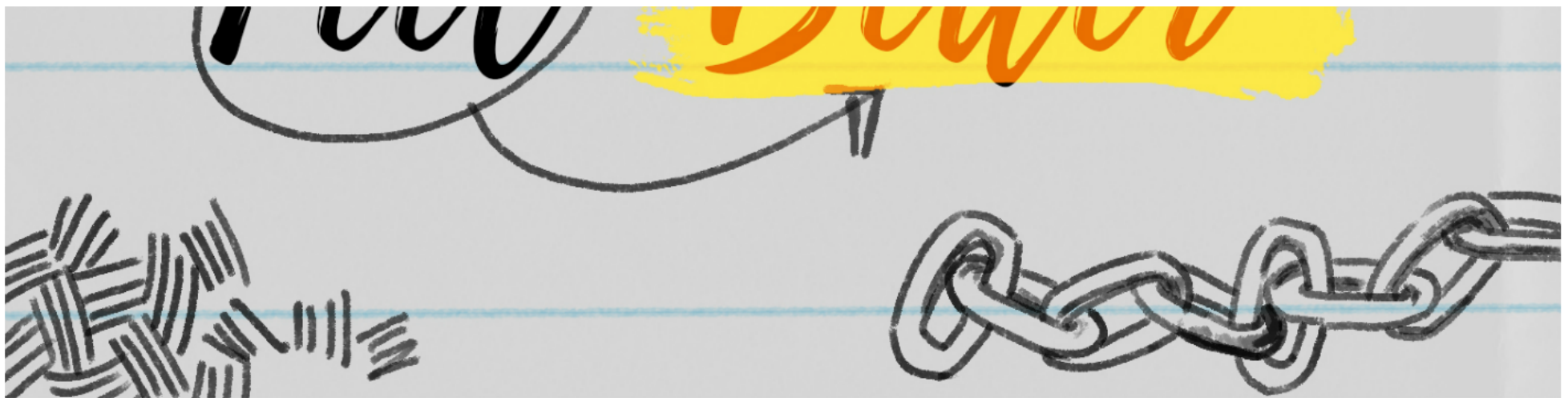


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