







































i Thessalonians 5:16 (NIV 1984)

Romans 12:12A (NIV 1984)

Nehemiah 8:10b (NIV 1984)

The joy of the Lord is your strength.

RHYTHMS OF RESET

Colossians 2:13-18

When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross. And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ. Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize.

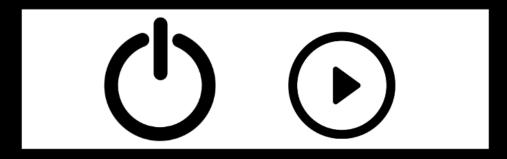
"A shadow of what was to come" – in Christ.

"The JOY of the Lord is your strength."
Nehemiah 8:10



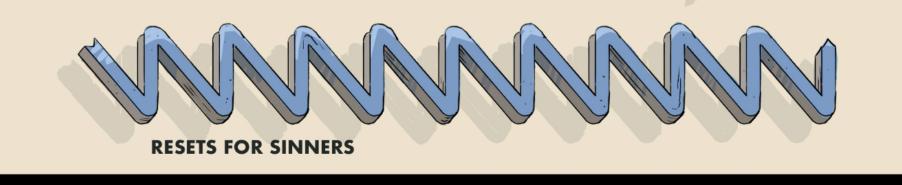
CYCLES FOR CREATURES

Joy needs resets



"Hit reset, play joy."

We are creatures with problems. So we need more than rhythms.



2 Problems:

Debts

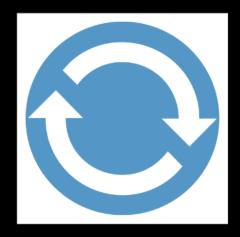
Loops

Debts we can't pay



Loops we can't break

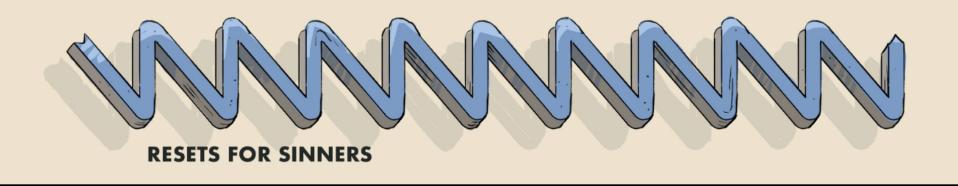
"negative, positive feedback loops."



"I drink because I'm lonesome, and I'm lonesome 'cause I drink." - Country song



3 kinds of resets:



- 1. Moral Restitution relational reset, creating forgiveness
- 2. Failure Redemption- freedom reset, renewing stewardship
- 3. Security Restoration space reset, for safety and security



1. Atonement

Jesus' shadow is the shape of moral restitution and forgiveness.

Leviticus 16 Day of Atonement

Colossians 2:13-14

When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins.





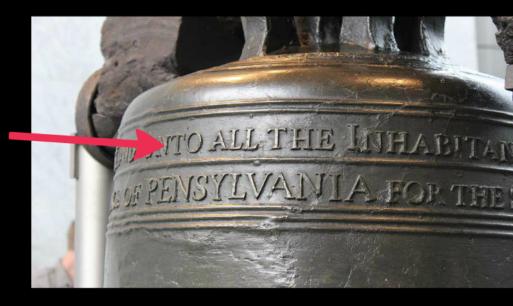
2. Sabbath

Jesus' shadow is the shape of redemption from the slavery and debt or failure

Exodus 21:2



"If you buy a Hebrew servant, he is to serve you for six years. But in the seventh year, he shall go free, without paying anything." Leviticus 25:10



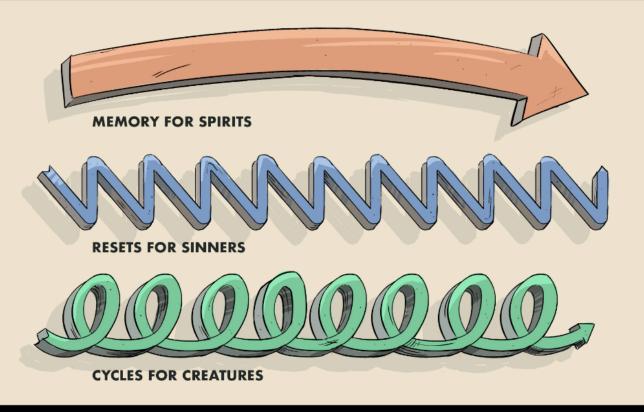
3. Jubilee

Jesus' shadow is the shape of restoration from disenfranchisement, insecurity, anxiety and fear

Leviticus 25:8-13

Count off seven Sabbaths of years—seven times seven years—so that the seven Sabbaths of years amount to a period of forty-nine years. Then have the trumpet sounded everywhere on the tenth day of the seventh month; on the Day of Atonement sound the trumpet throughout your land. Consecrate the fiftieth year and proclaim liberty throughout the land to all its inhabitants. It shall be a jubilee for you; each one of you is to return to his family property and each to his own clan. The fiftieth year shall be a jubilee for you; do not sow and do not reap what grows of itself or harvest the untended vines. For it is a jubilee and is to be holy for you; eat only what is taken directly from the fields. "In this Year of Jubilee everyone is to return to his own property."









Colossians 2:9-10

For in Christ all the fullness of the Deity lives in bodily form, and you have been given fullness in Christ, who is the head over every power and authority.