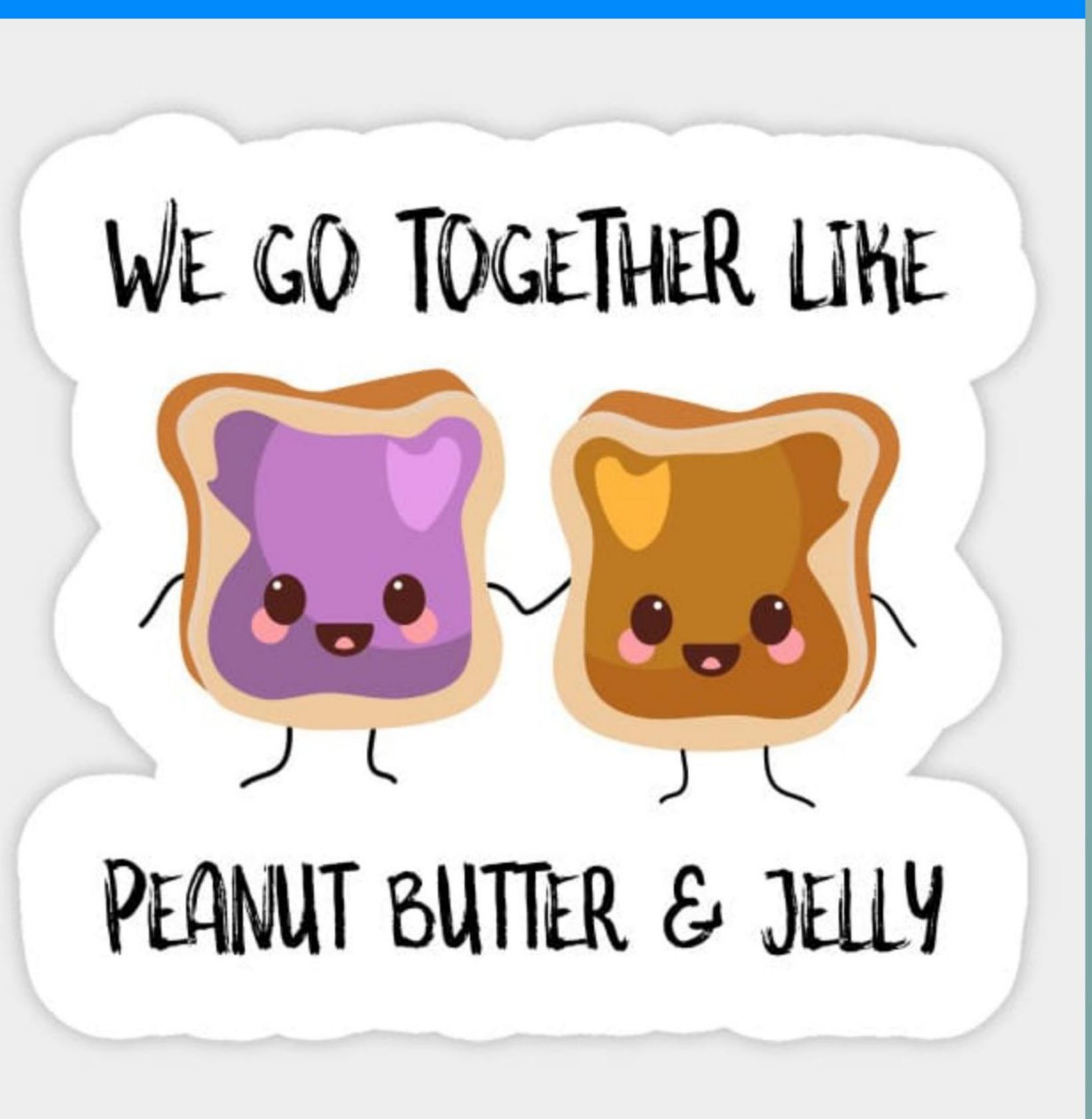


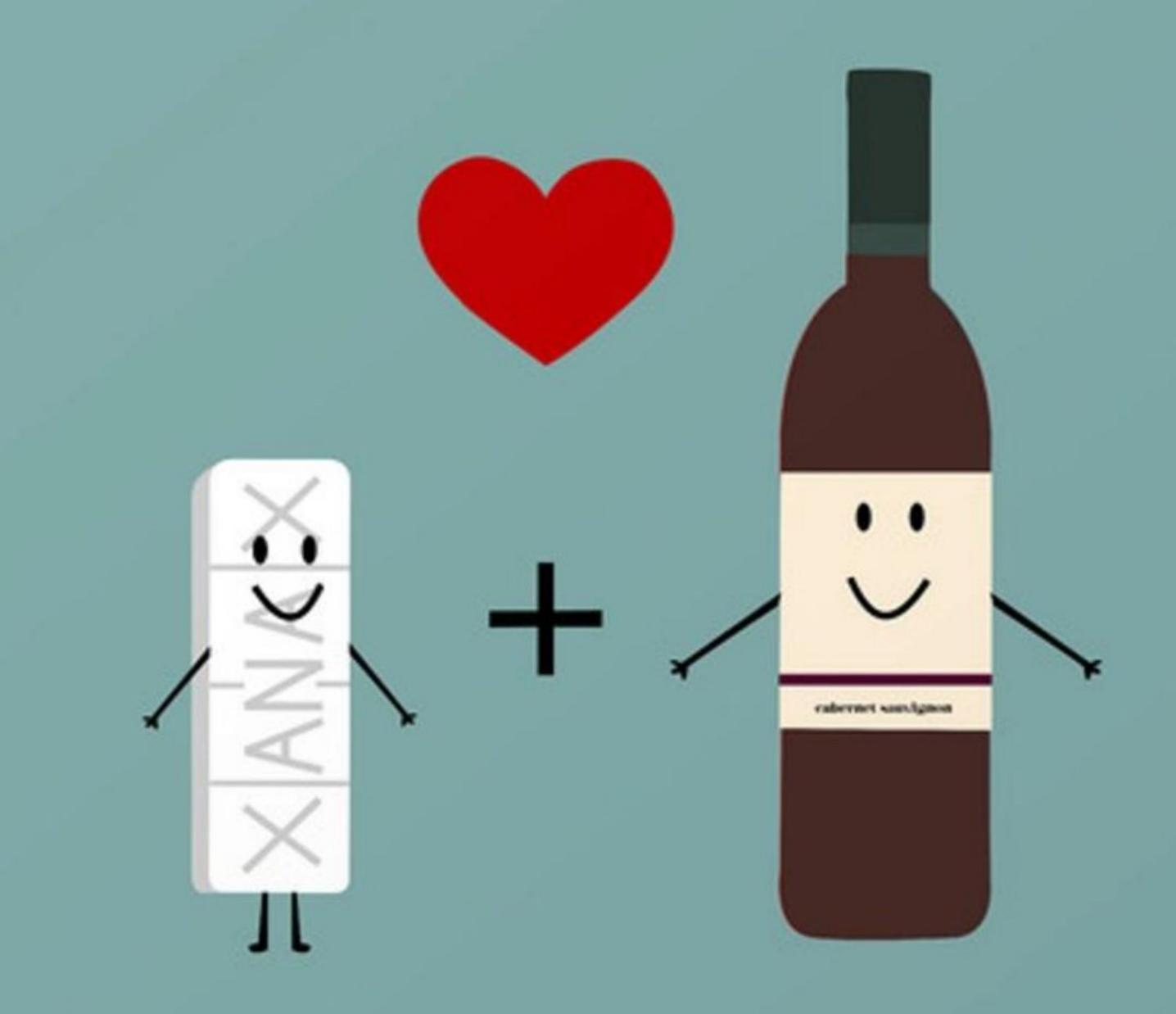
Ephesians 4:29 - 32

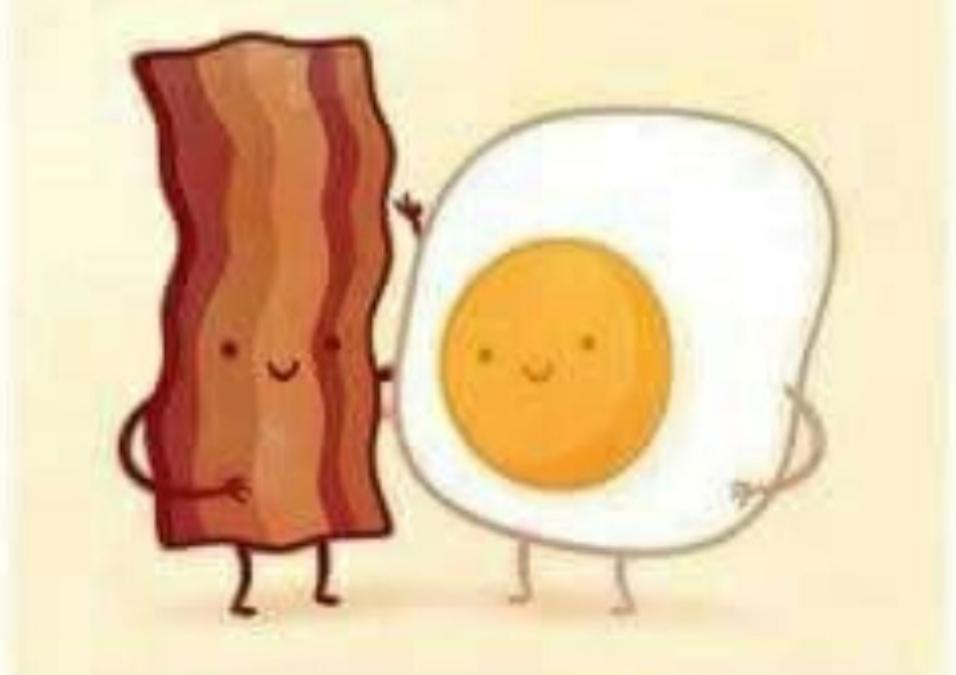
page 1779 - 1780

There are a lot of things that tend to go together...

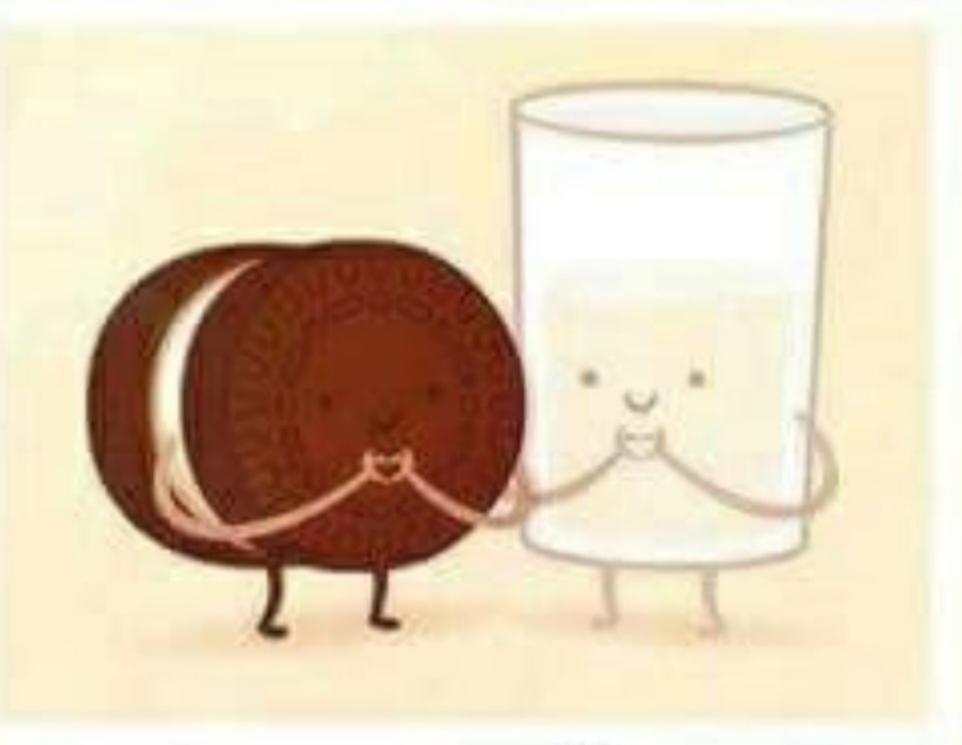


WE GO TOGETHER LIKE

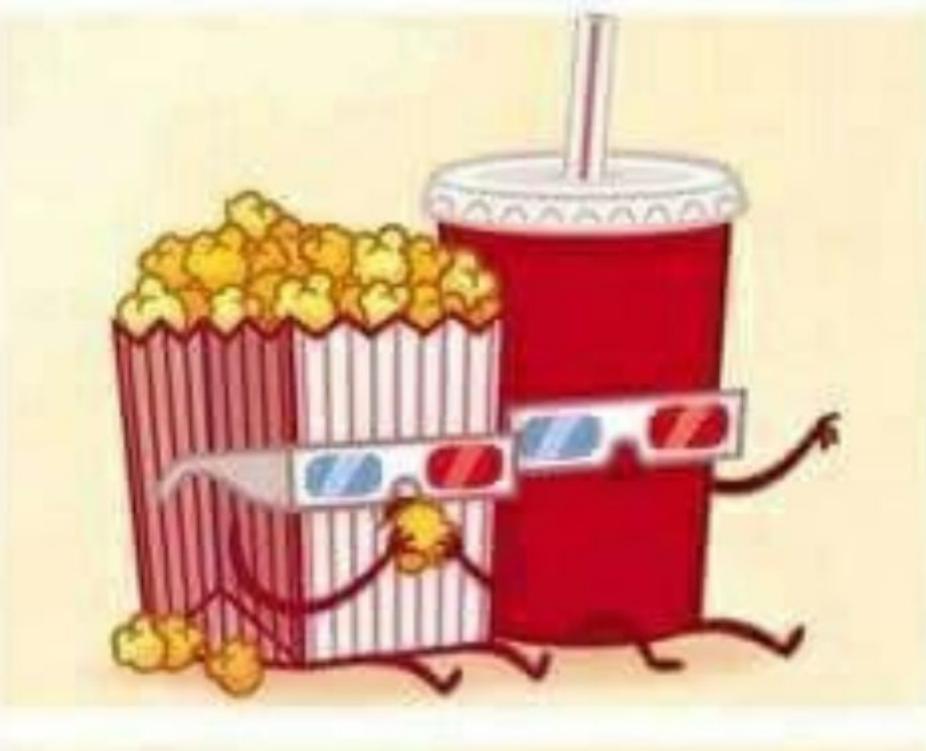


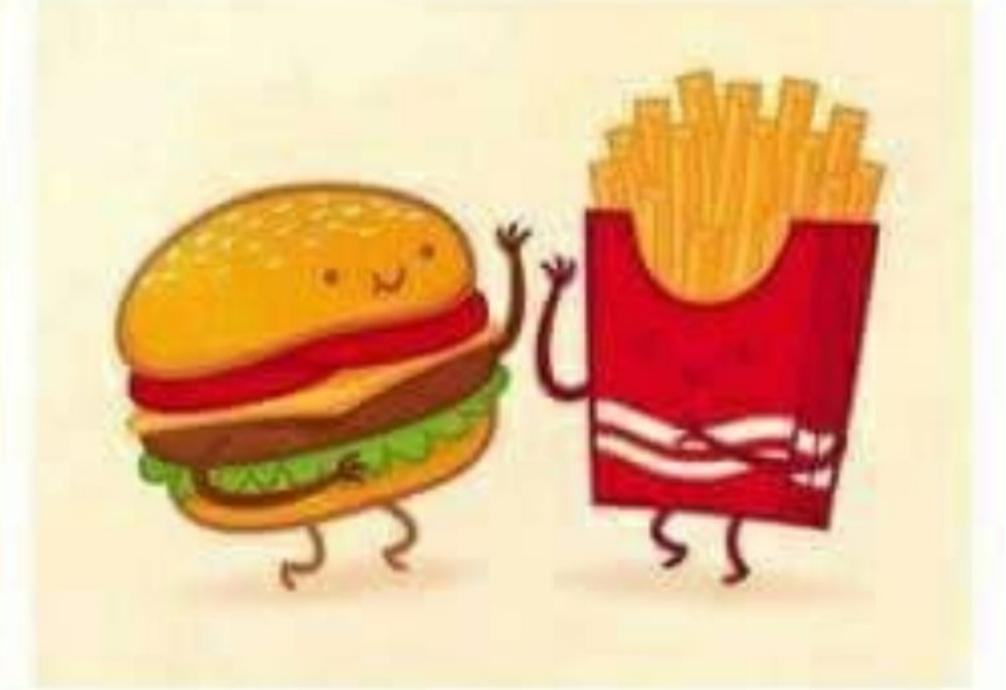


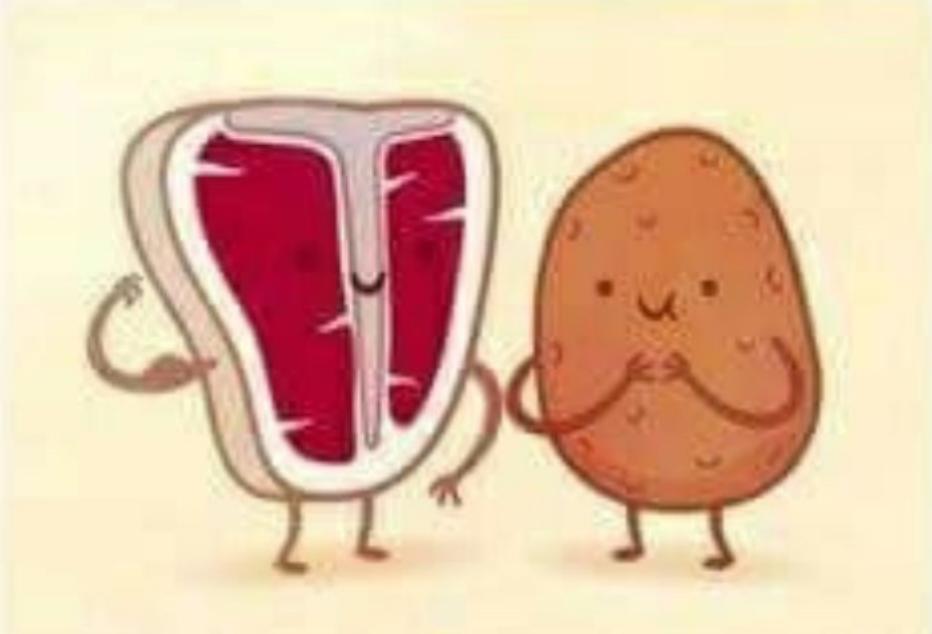






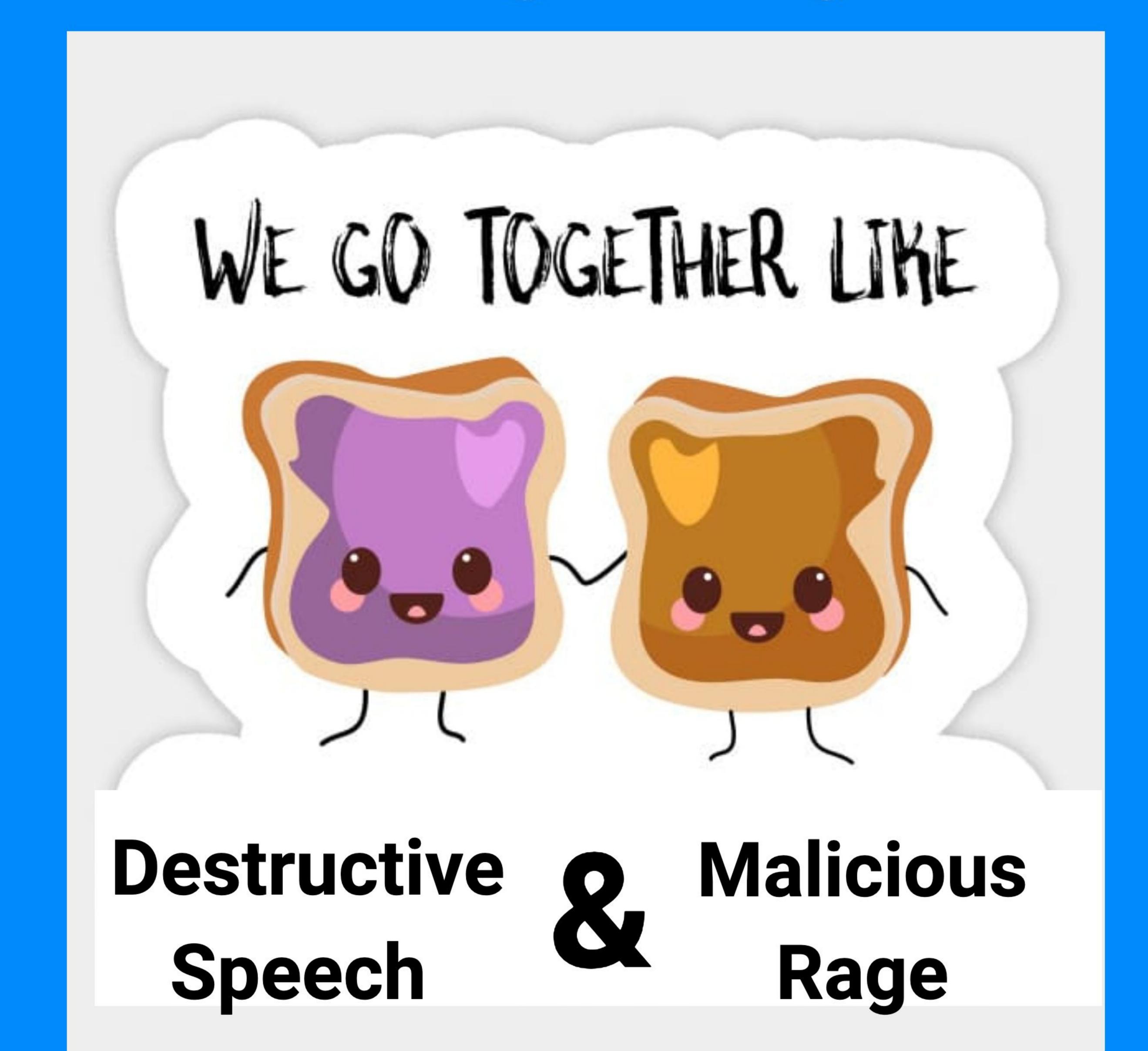




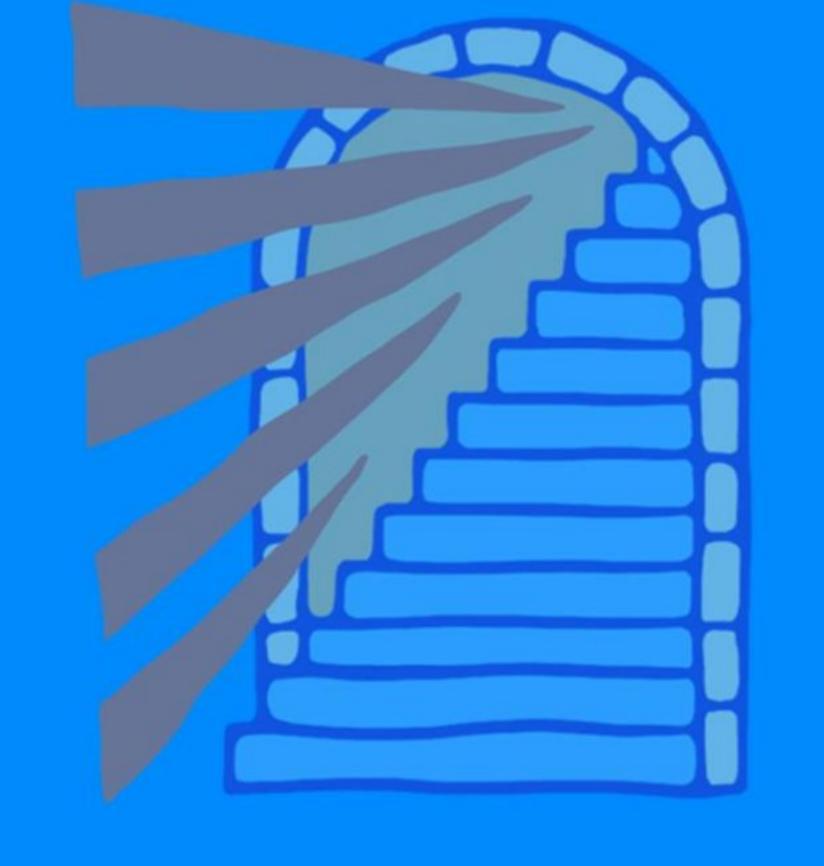




These tend to go together too:

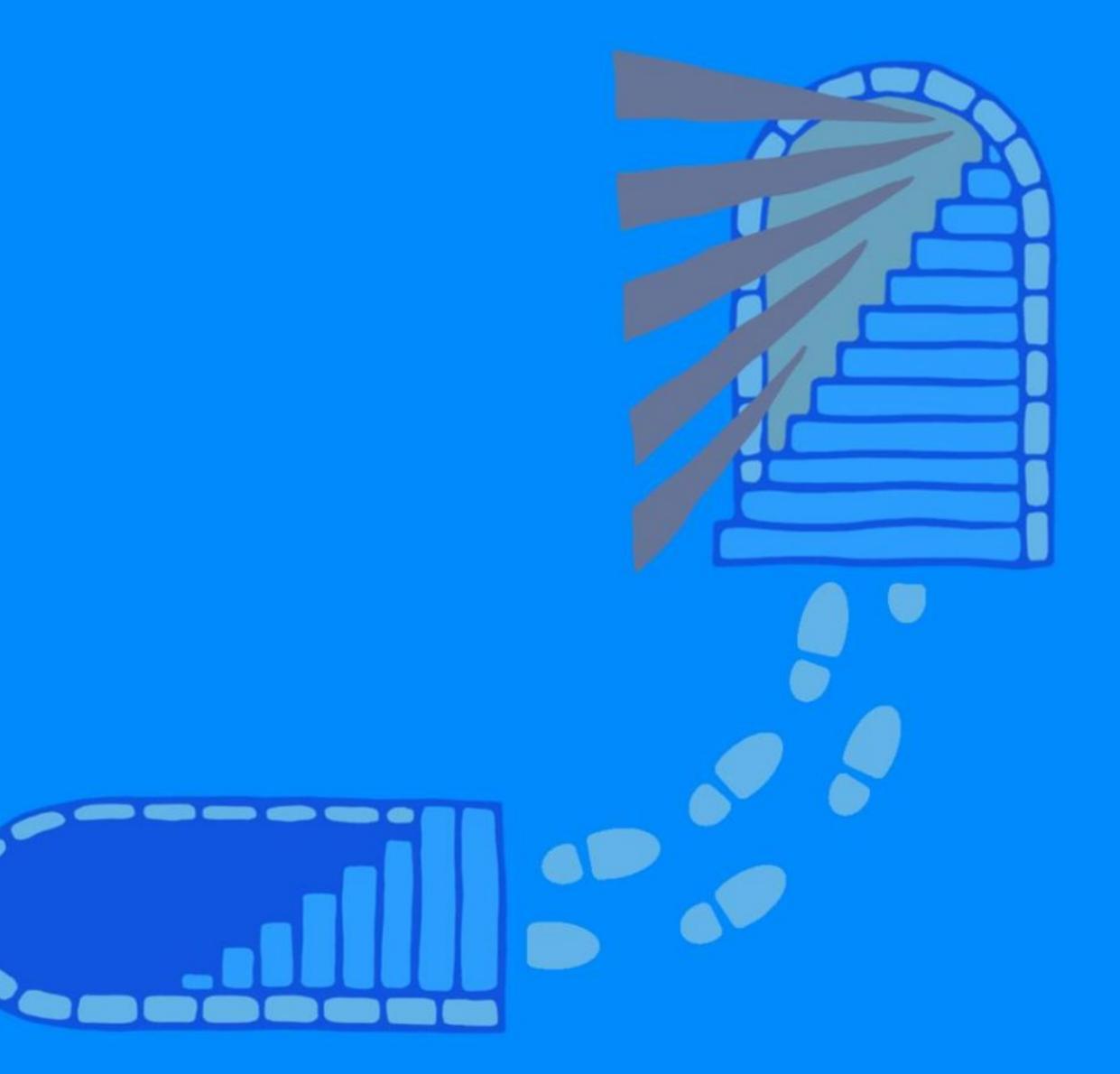


(How The Body is torn apart.)



The New Humanity in Christ suppresses sin while expelling malice.

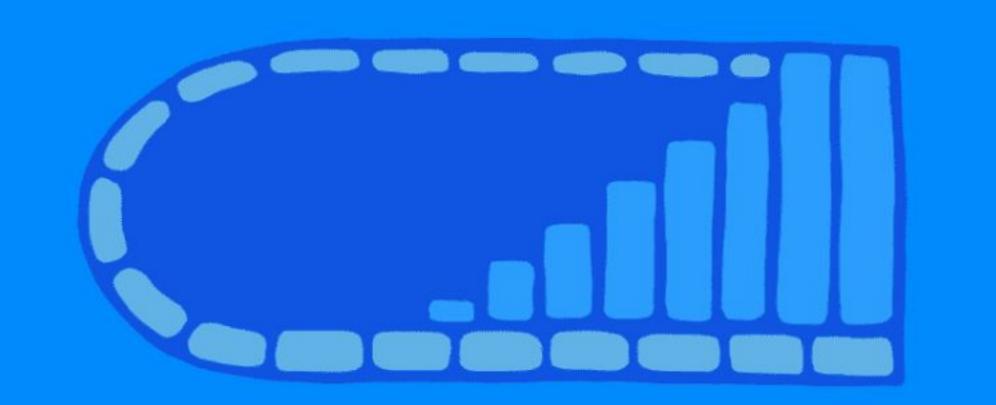
(This pleases the Spirit, and ultimately pleases us.)



The Negative Argument: 3 Necessary Spiritual Rejections

1. Don't let the rotten words out

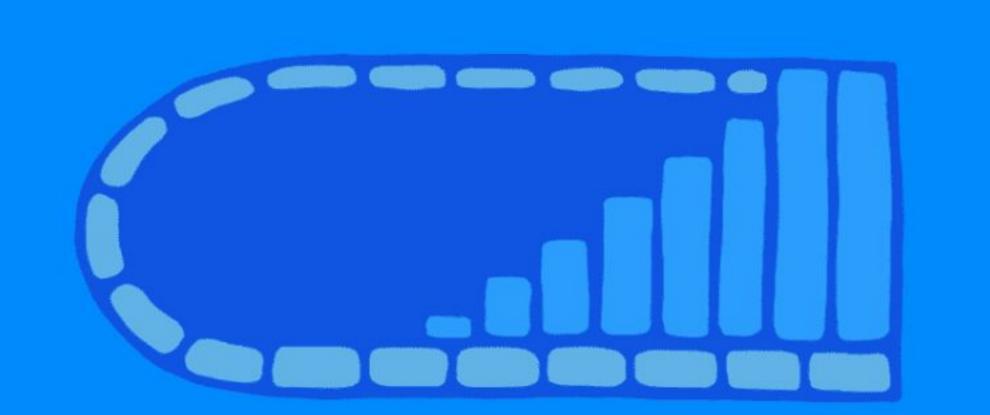
- 2. Don't grieve the Holy Spirit
- 3. Don't harbor anger and hurt



1. Don't let rotten and worthless words leave your mouth.

Ephesians 4:29a

"Do not let any unwholesome talk come out of your mouths..."



Modern Misunderstanding: Suppression is Repression (It isn't.)

Suppression: to use self-control to resist an urge or drive

Repression: to use a defense mechanism to refuse to know the truth



Don't let it out of your mouth.



No matter how much you want to say it.

No matter how good the advice is... if it's not 100% for them.

ARM AROUND SHOULDER/ HAND OVER MOUTH

Ten loving lessons for mothers and daughters-in-law by Mimi Moseley

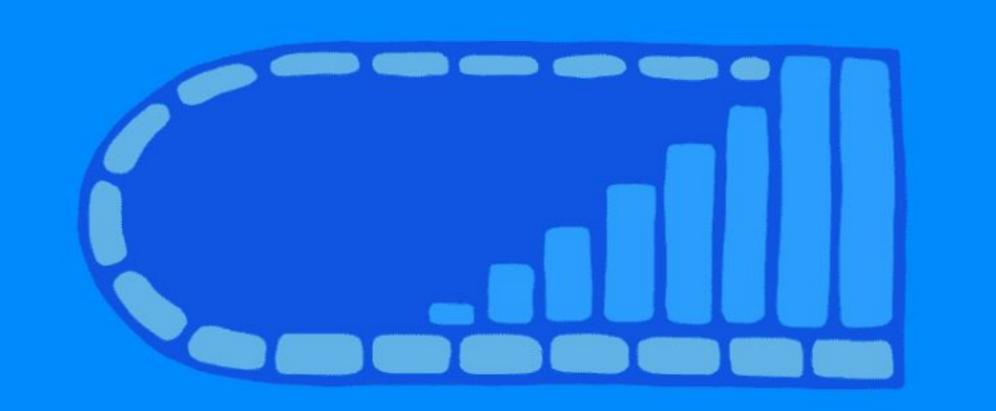


2. Do not grieve the Holy Spirit.

Ephesians 4:30

"And do not grieve the Holy Spirit of God..."

1 Thessalonians 4:1 "...we instructed you how to live in order to please God...do this more and more."



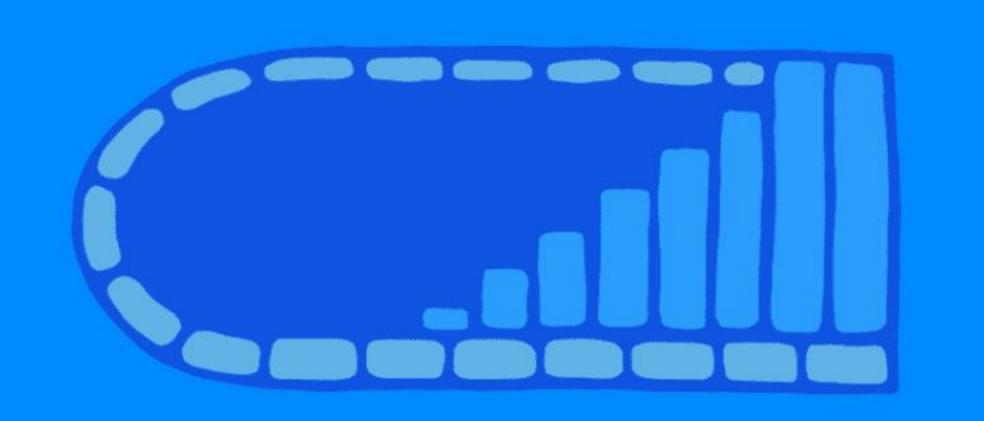
Living to please God is the most basic way to learn to not be selfish, and also not be easily manipulated by others.



3. Get rid of all malice.

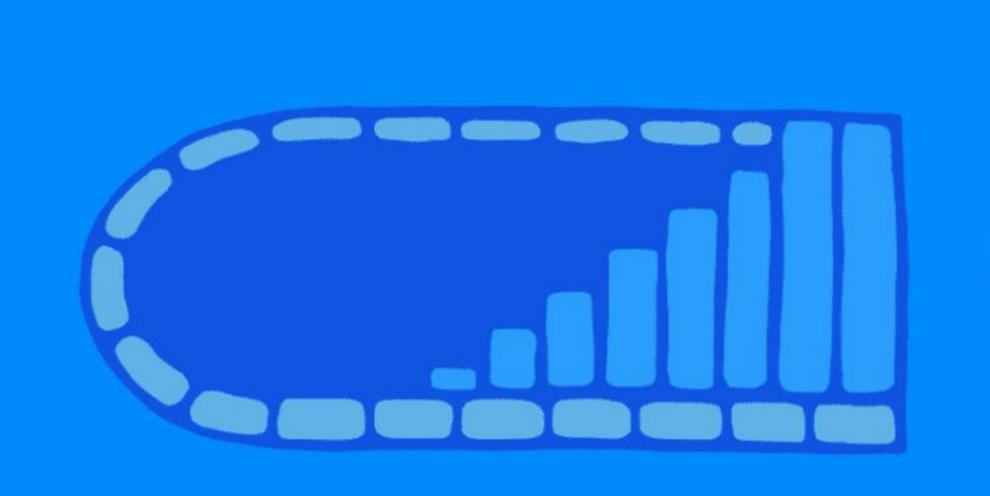
Ephesians 4:31

"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice."

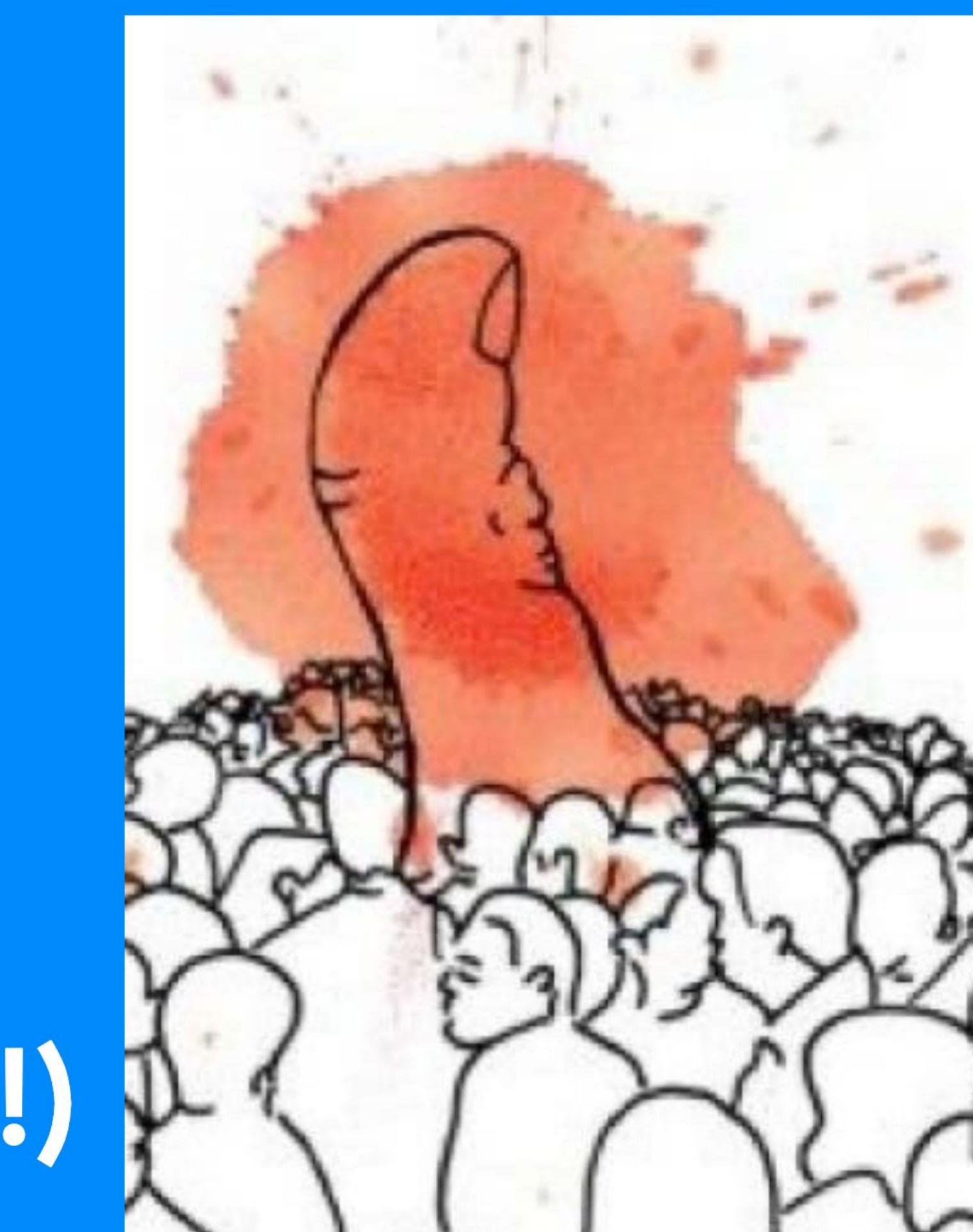


Bitterness: hope for curse and condemnation Rage: anger that boils up suddenly

Wrath: settled indignation
Clamor: loud shouting of
multiple voices
Slander: abusive and
denigrating words



(Careful of repression here!)

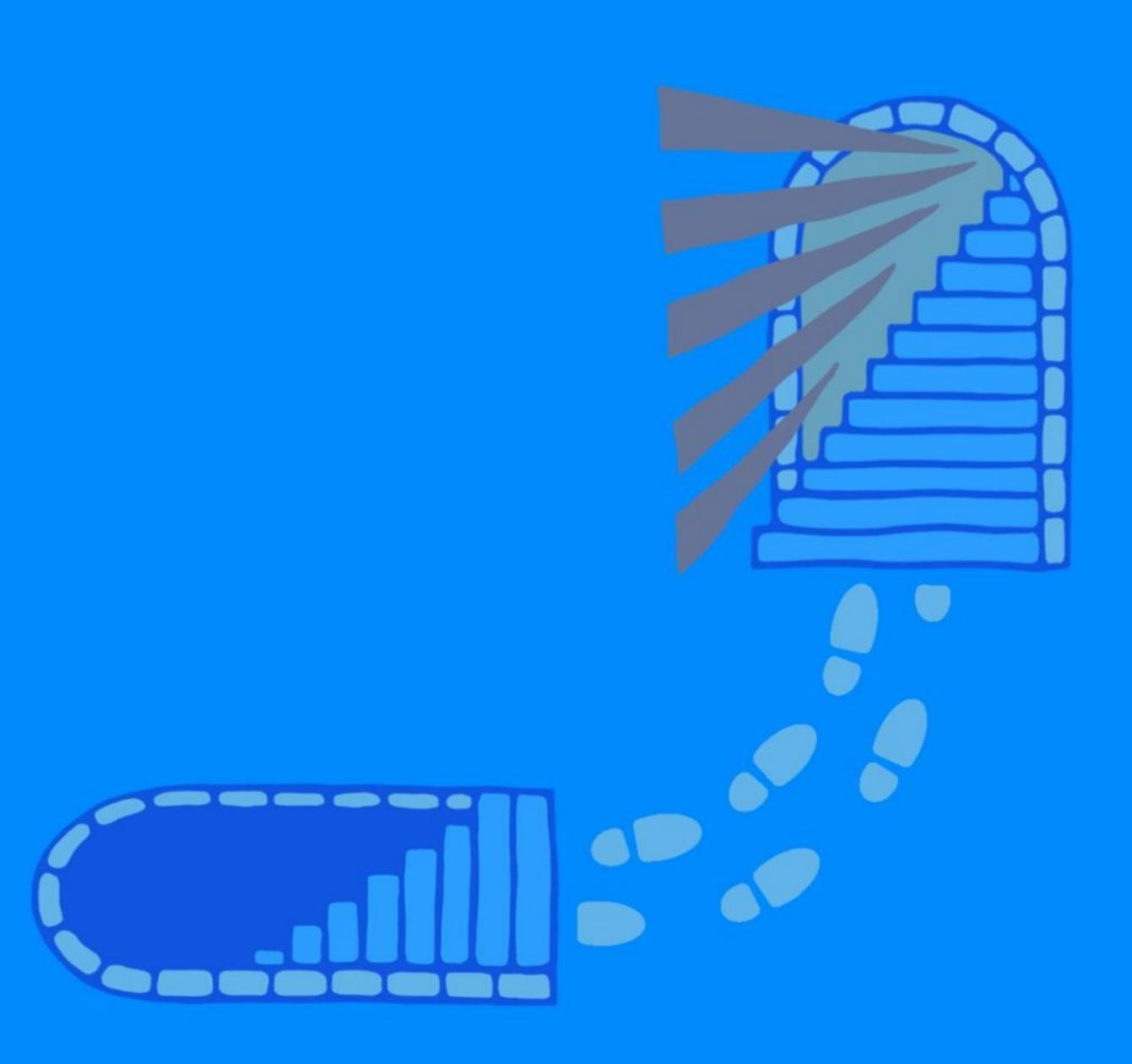


Along with ALL MALICE...

(Malice: evil in the heart directed toward another.)

Rage is malice
Wrath is malice
Clamor is malice
Slander is malice

So HOW do you "get rid of" it?



Expel malice and suppress rotten words by appealing to a higher Spirit's thoughts and actions.

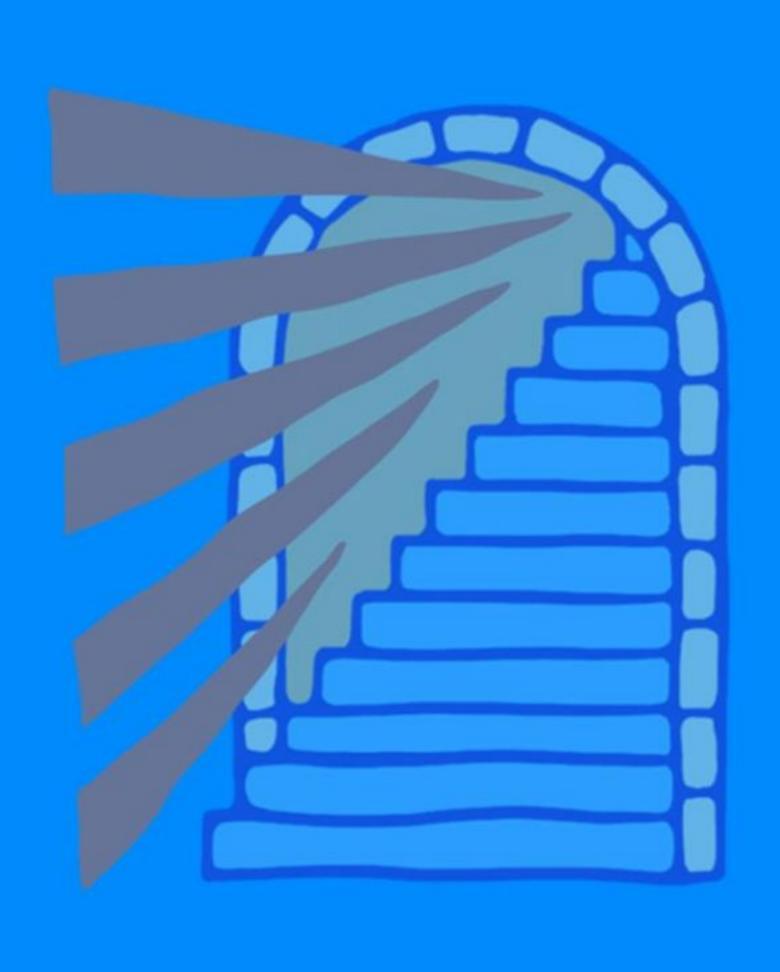
(People do this all the time without appealing ot God himself. Some people think about their grandmother, or a hero, or an idea, a "higher power" or public expectations. But the intended object of contemplation is God himself, his present Spirit, and his work in Christ.)

The Positive Argument: 3 Necessary Spiritual Embraces

1. Say what builds others up.

2. Live to please the Holy Spirit.

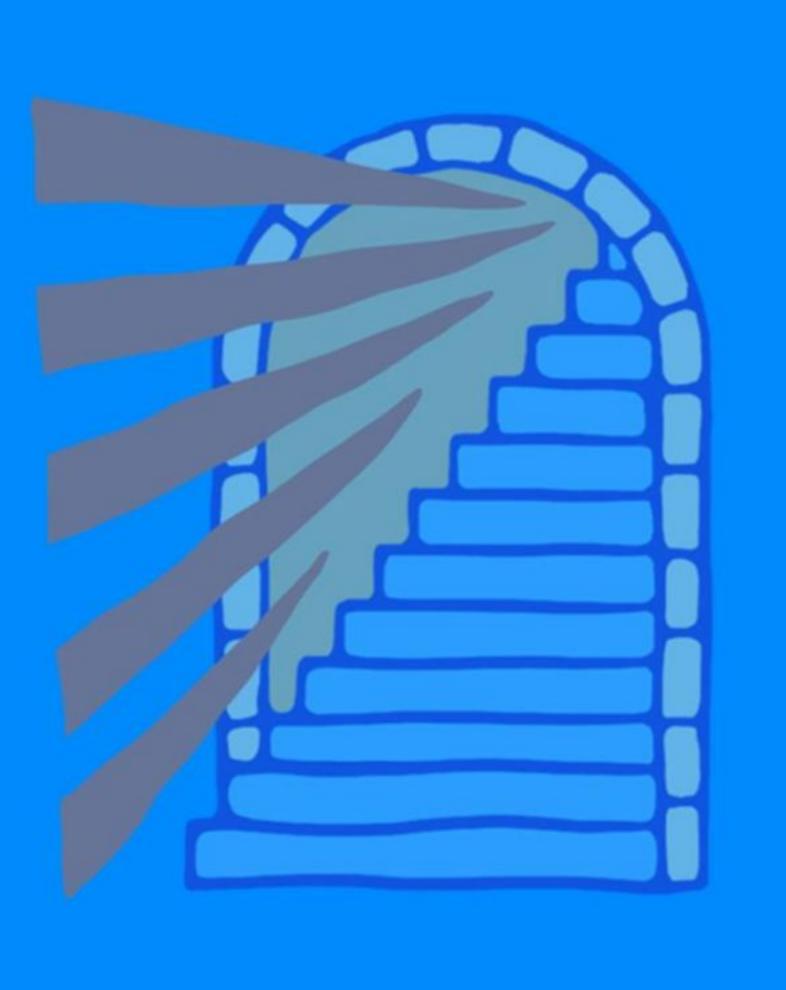
3. Develop tenderheartedness.



1. Say what builds others up.

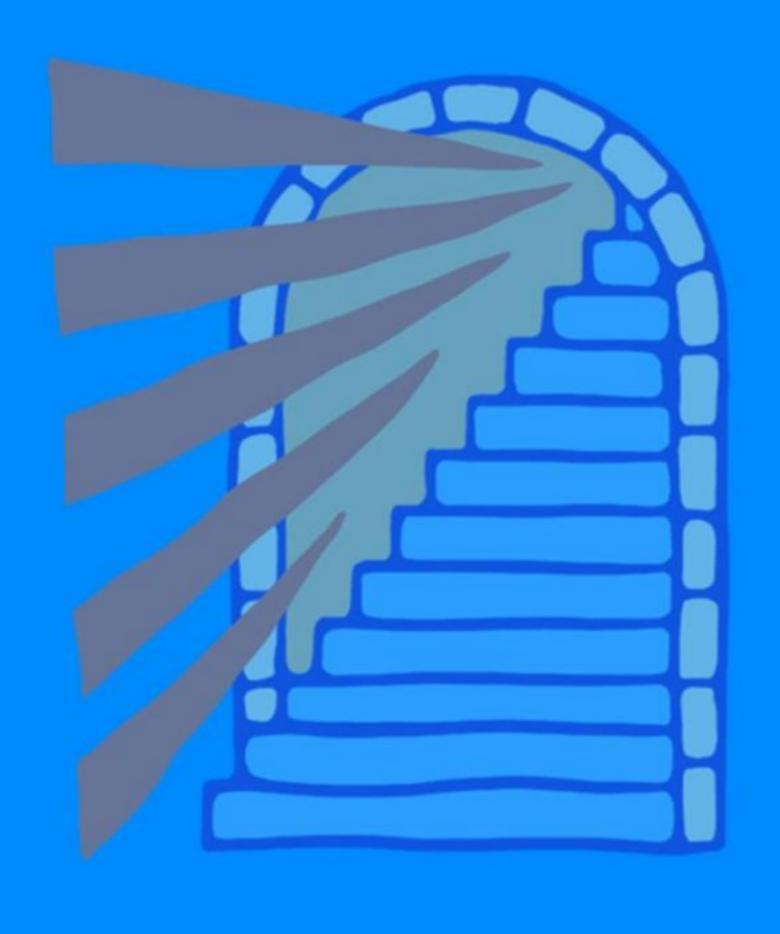
Ephesians 4:29

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

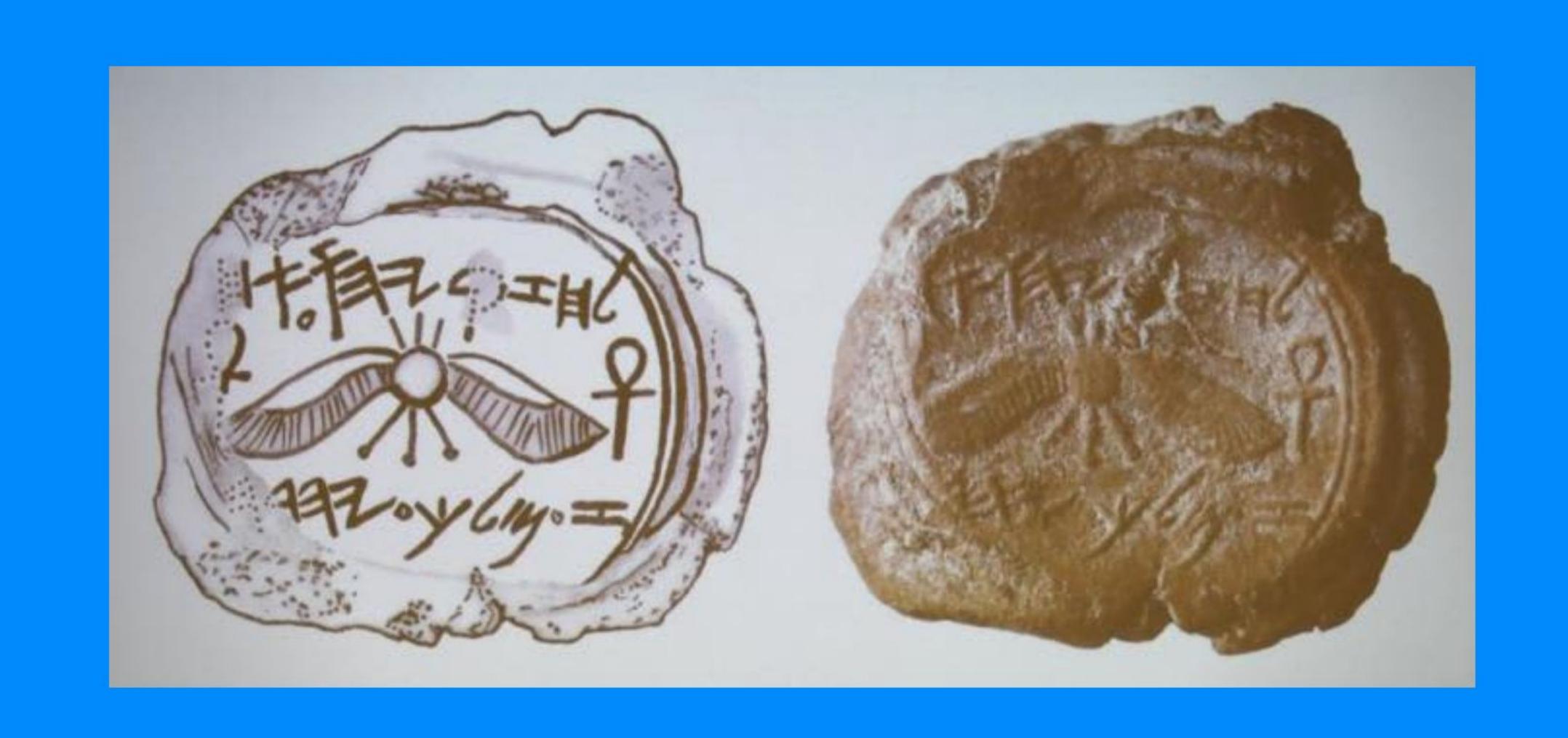


Criteria of Holy Spirit pleasing speech:

- 1. Something good, beneficial
- 2. For building up the need of the other person
- 3. The hearer is given a "grace"



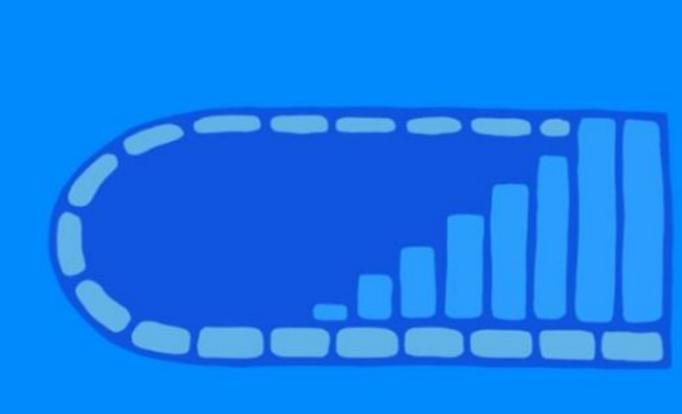
2. Live to please the Holy Spirit.



Ephesians 4:30

"And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption."

By "sealing us up" he has "put his seal on us"





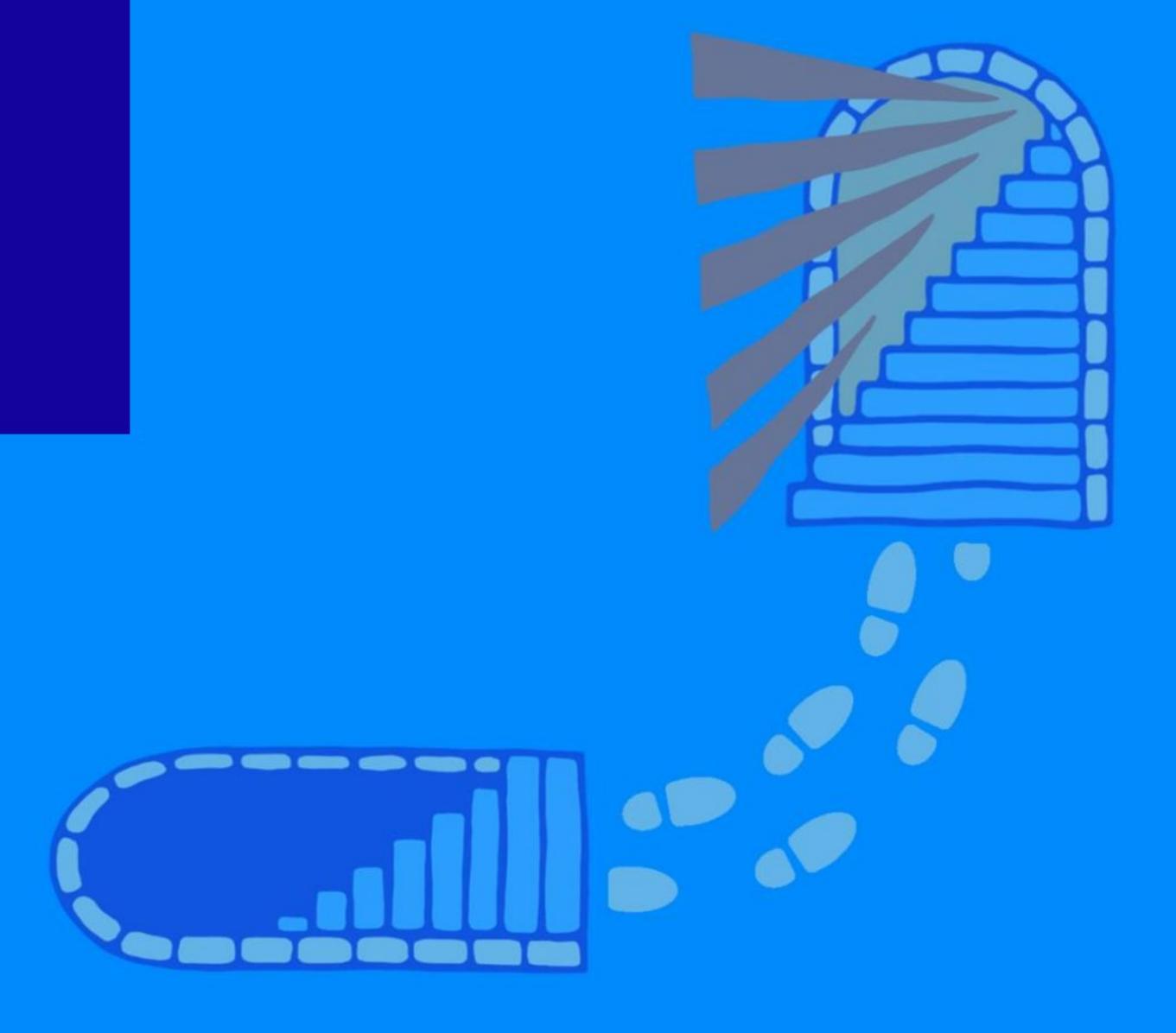
3. Develop tenderheartedness.

Ephesians 4:32

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

The New Humanity in Christ suppresses sin while expelling malice.

Is it possible and necessary?



The New Humanity in Christ suppresses sin while expelling malice.

What motivating faith will you use to fuel the courage to love?

The New Humanity in Christ suppresses sin while expelling malle.

In terms of your speech and your heart, what's one thing you can say to please rather than grieve the Holy Spirit?

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