

# **More than Conquerors in the Inner World**

# More than Conquerors

3 weeks in Romans 8

On being a triumphing Christian in times  
when you feel defeated and wretched.

## **Proverbs 24:10**

If you faint in the day of  
adversity,

how narrow is your  
strength.

# 3 Discouraging Enemies

## 1. The Flesh

“What a wretched man I am!” Rom. 7:24

## 2. The Curse

“All of creation was subjected to futility”

Rom. 8:20

## 3. The Sufferings

“All day long we are like sheep to be slaughtered.”

Rom. 8:36

**Justification**

**isn't the same thing as**

**salvation**

## **Romans 7:19 - 21**

For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. So I find this law at work: Although I want to do good, evil is right there with me...

## **Romans 7:22 - 23**

...For in my inner being I delight in God's law; but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me...

## **Romans 7:24 - 25**

...What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin.



**Series:**

**Christians conquer the  
flesh, curse and suffering in  
the Spirit.**

**Today:**

**Christians conquer the  
flesh, in the Spirit.**

**1. God condemned our  
powerlessness,  
weakness, and  
wretchedness instead  
of condemning of us.**

## **Romans 8:1 - 4**

Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life has set you free from the law of sin and death. For what the law was powerless to do because it was weakened by the flesh,...

## **Romans 8:1 - 4**

...God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

**Because through Christ Jesus  
the law of the Spirit of life has  
set you free from the law of  
sin and death. (vs 2)**

1. Through Christ Jesus
2. The Law of the Spirit
3. The Spirit of Life
4. Has set you free

## **Romans 8:3b**

God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so (God) *condemned sin in the flesh....*

**Atoned, Condemned, Died**

# Results:

1. No condemnation because of indwelling sin/flesh
2. Set free in "the Spirit of Life"

**2. You must believe in  
the mind of the Spirit.**



## **Romans 8:5 - 11**

Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accord with the Spirit have their minds set on what the Spirit desires...

## **Romans 8:5 - 11**

...The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so...

## **Romans 8:5 - 11**

...Those who are in the realm of the flesh cannot please God. You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ...

## **Romans 8:5 - 11**

...But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness...

## **Romans 8:5 - 11**

...And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

# Repentance of mind.

You can't repent of your sins without repenting of the mind that valued, chose, and justified them.

# **Romans' 3 phases under law:**

**Irreligious:** Suppressing the Law (Ch 1)

**Religious:** Legalism with the law (Ch 2)

**Illuminated but Unspiritual:** Defeat under the law  
(Ch 7)

**All three lead to hostility**

# Minding the Spirit of...

1. Law of the Spirit of Life
2. The Spirit of Christ
3. The Spirit of Sonship



**There is a way that seems right to a man, but in the end it leads to death. (Prov. 14:12 NIBO)**

**The law of the Spirit who gives life has set you free from the law of sin and death. (Rom. 8:2 NIV)**

# Minding the Spirit of...

1. Law of the Spirit of Life
2. The Spirit of Christ
3. The Spirit of Sonship

## **Romans 8:15 - 16**

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. {Or adoption} And by him we cry, "Abba, {Aramaic for Father} Father." The Spirit himself testifies with our spirit that we are God's children.

**3. You can conquer  
in participation  
with the Spirit**

**How do we accept and receive the spirit of life and Christ?**

**4 ways**

# **1. Embrace the “law of the Spirit of Life”**

The Holy Spirit wants to lead you into true good as a son, while freeing you from the crushing wretchedness of failure.

## **2. Embrace the death and resurrection identity.**

**Romans 6:2b-4** We are those who have died to sin; how can we live in it any longer? Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

# **3. By the Spirit, execute the flesh**

## **Romans 8:13 - 14**

For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live, because those who are led by the Spirit of God are sons of God.

*See Substance Ch 10 Embracing Discipline*



## **4. Accept the “spirit of sonship”**

### **Romans 8:15 - 16**

The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." The Spirit himself testifies with our spirit that we are God's children.

**Power is only in**  
***participation* with the**  
**Spirit.**