

2 PETER 1:3 - 11 // *memory verse*

His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

2 PETER 1:3 - 11 // *memory verse*

For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love.

2 PETER 1:3 - 11 // *memory verse*

For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. But if anyone does not have them, he is nearsighted and blind, and has forgotten that he has been cleansed from his past sins.

2 PETER 1:3 - 11 // *memory verse*

Therefore, my brothers, be all the more eager to make your calling and election sure. For if you do these things, you will never fall, and you will receive a rich welcome into the eternal kingdom of our Lord and Savior, Jesus Christ.

2 PETER 1:3 // *this week's memory verse*

His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness.

THE NEXT GOOD THING

pursuing gospel resilience



2020 VORTEX: 'THE RONA' RACIAL JUSTICE FIRES, HORNETS & PRES CANDIDATES CARDI B WRITES MUSIC

AN EMOTIONAL STRESS TEST
FOR OUR RESILIENCY



SYMPTOMS... Tired/fatigue, Low motivation, compulsive cravings for the sensual, acting compulsively, emotional deadness, feeling diminished, heightened negative feelings like anxiety, fear, irritability/anger, stronger temptations to sins of infirmity, neglect of the good - spiritual and otherwise, less interest in others yet feelings of isolation, personal problems worsening, fear and anxiety in uncertainty, of death and sickness, about political and social ills and unrest, feeling like believing in or turning to God is harder than ever...

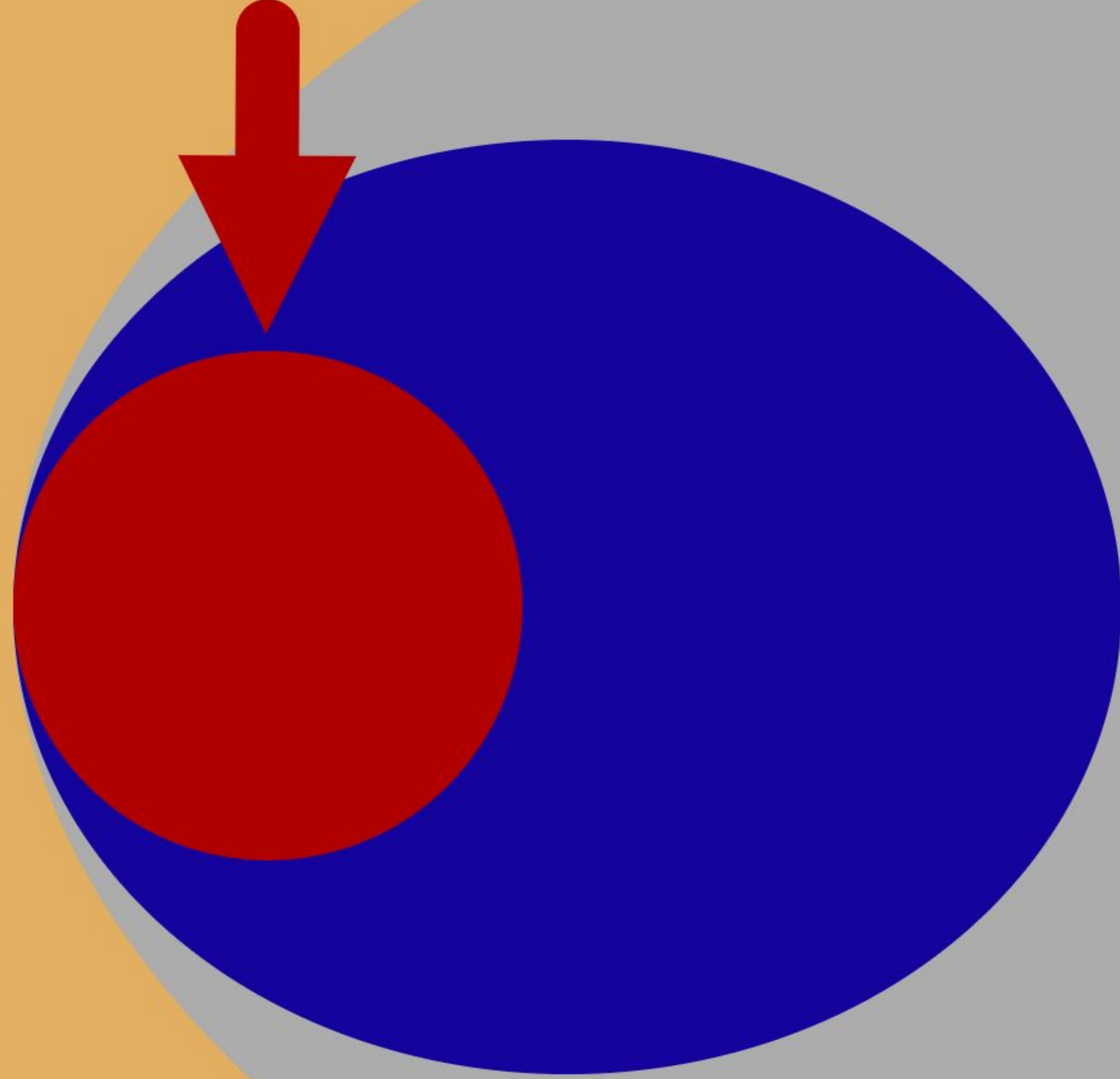
WE HAVE RESILIENCE ISSUES



3 OVALS OF PROTECTIVE RESOURCES

PERSONAL

Your inner resources

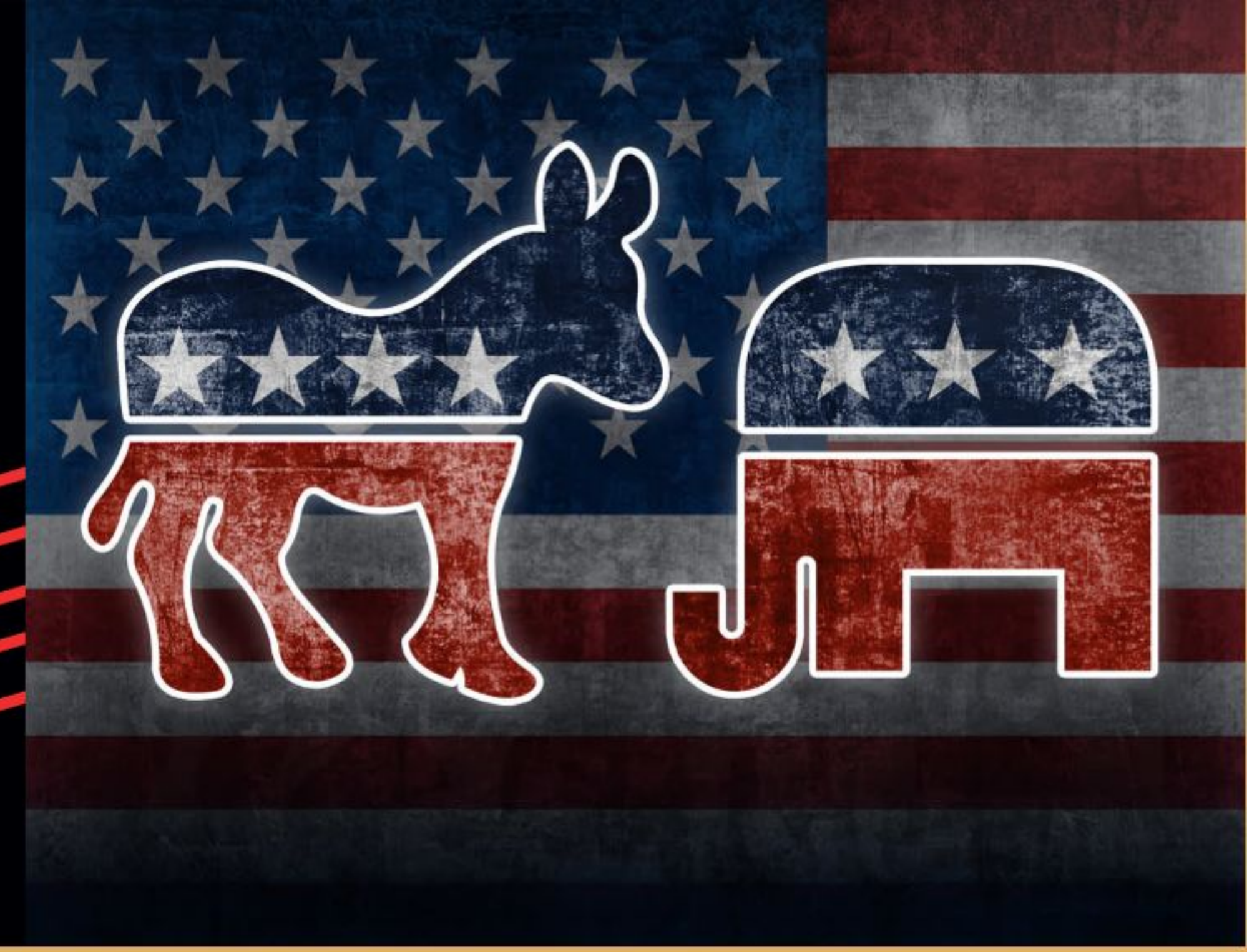
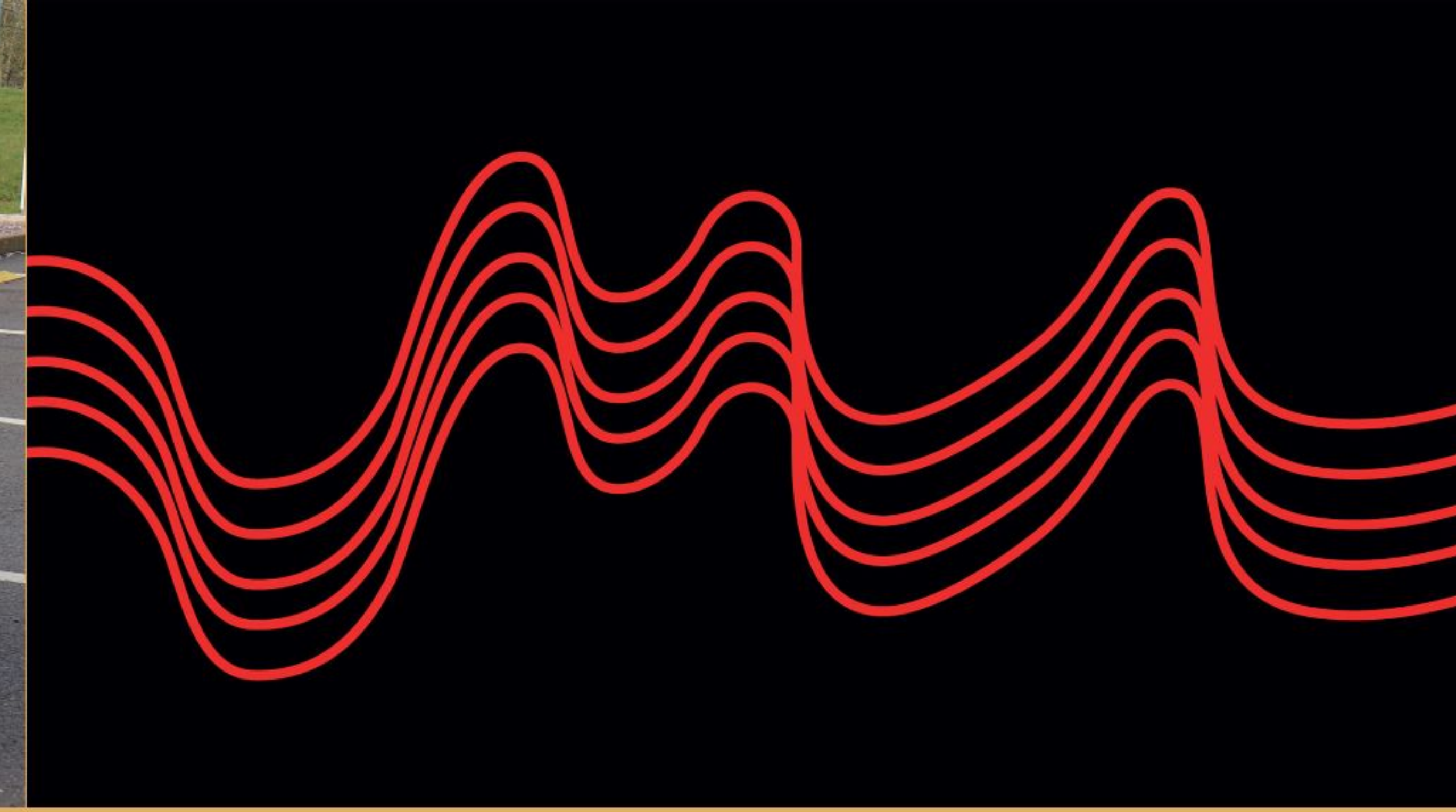


ENVIRONMENT

The ecosystem of
everything around you

SOCIAL

People you count on
and count on you

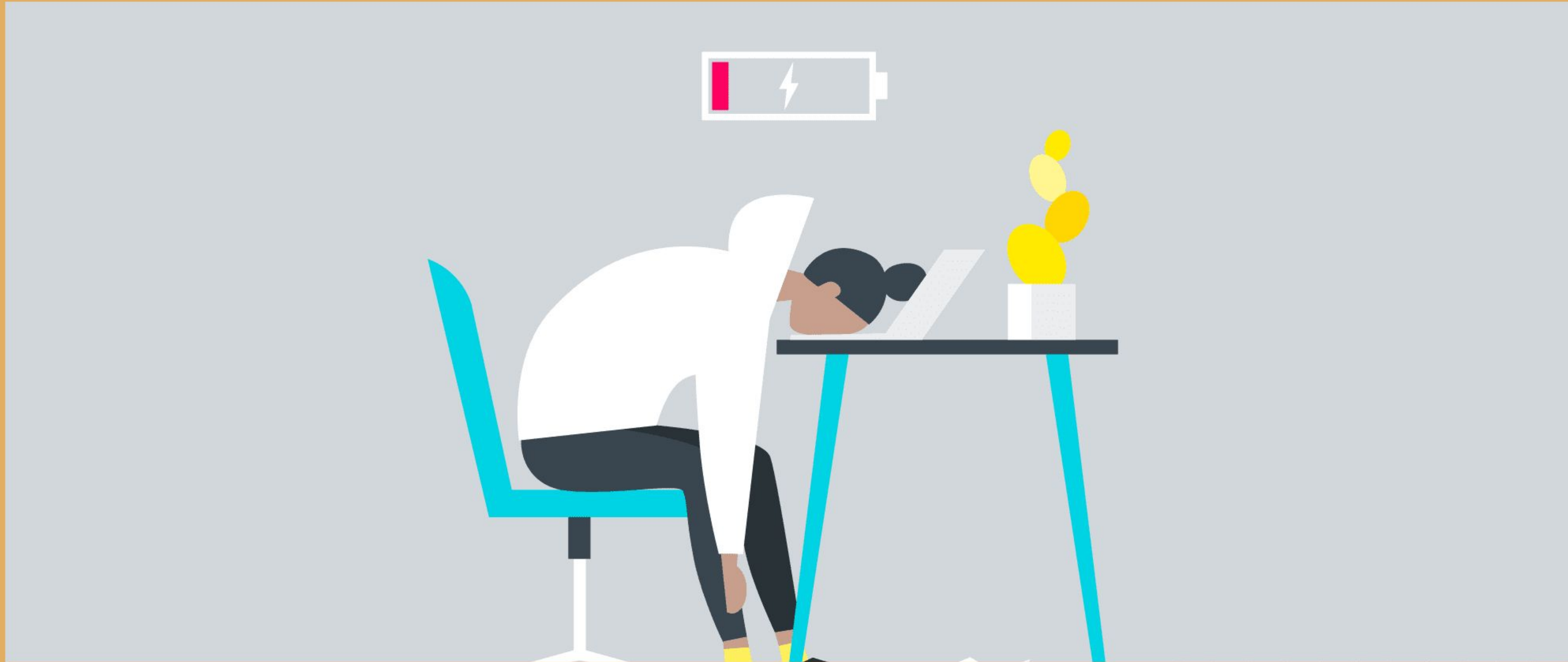


Modernity isn't designed to make deep friendships and deep people.

WHY?

As environmental resources increase, social and personal resources, which are not sensual and are hard to develop, seem less necessary - and fall into neglect.

WHAT IT FEELS LIKE:



Burnout and Anxiety

Both are coming to the end of your emotional resiliency. So what do you do about it?

2 PETER 1:5 – 7 For this very reason,
make every effort to add to your faith
goodness; and to goodness, knowledge;
and to knowledge, self-control; and to
self-control, perseverance; and to
perseverance, godliness; and to
godliness, brotherly kindness; and to
brotherly kindness, love.

GOD'S PROMISE: 2 PETER 1:3, 8

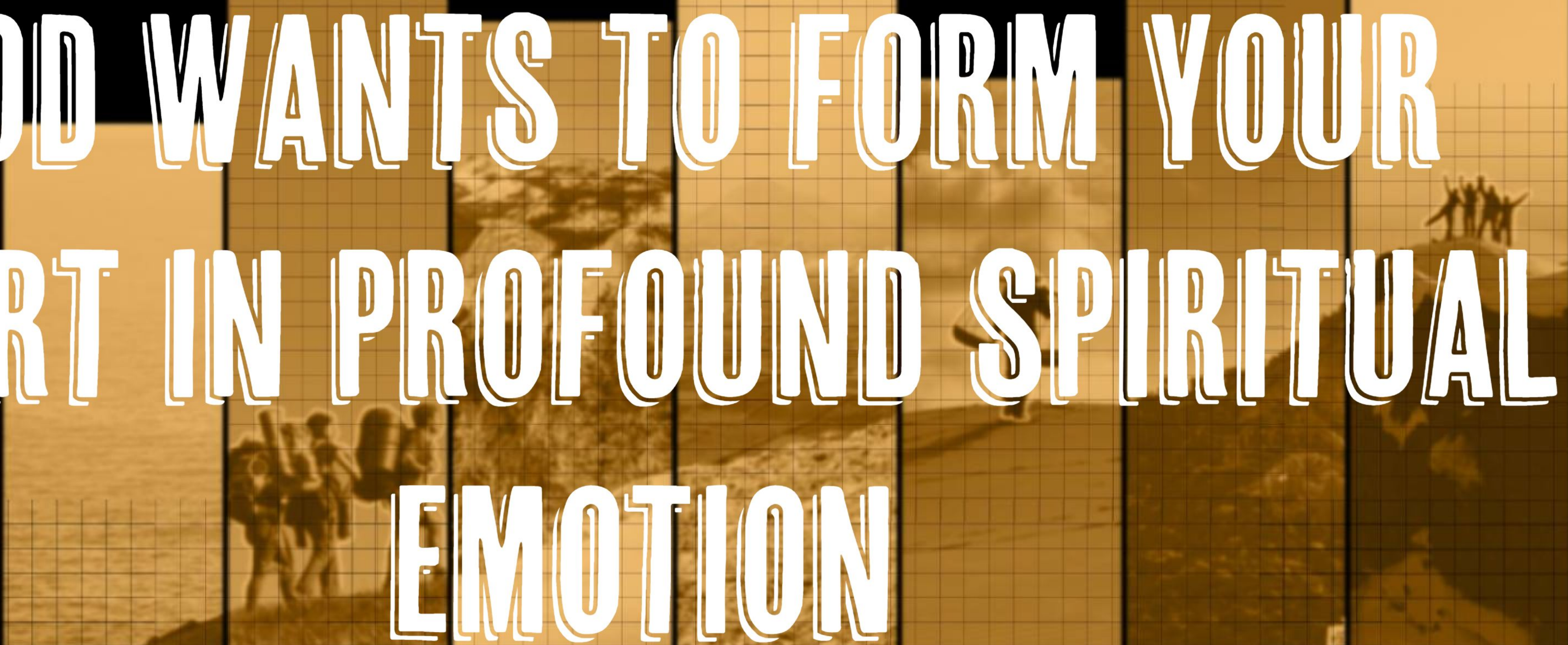
(Verse 3) "His divine power has given us everything we need..."

(Verse 8) "If these are in you and are super-increasing, they will keep you from being ineffective and unproductive..."

KEY ROADBLOCK:

We can't move to
self-control on through to
love without a greatly
increased attention to the
heart, spiritual emotion, and
emotional strength and
resilience.





GOD WANTS TO FORM YOUR
HEART IN PROFOUND SPIRITUAL
EMOTION

For perseverance and love

Emotional sanctification is our most needed and most avoided part of sanctification.

God has given us everything we need to pursue it.

EMOTIONAL RESILIENCE

The inner resources to persevere through anything, and the strength to really care about and love a "wholly other" God and sinful neighbors.

THIS MORNING:

That this is God's will

NEXT 5 SUNDAY MORNINGS:

How to pursue it in Christ



GOD CARES ABOUT SPIRITUAL EMOTION



EVERY VIRTUE REQUIRES SPIRITUAL EMOTION

godly emotion is a fruit of the Spirit

GALATIANS 5:19 – 22

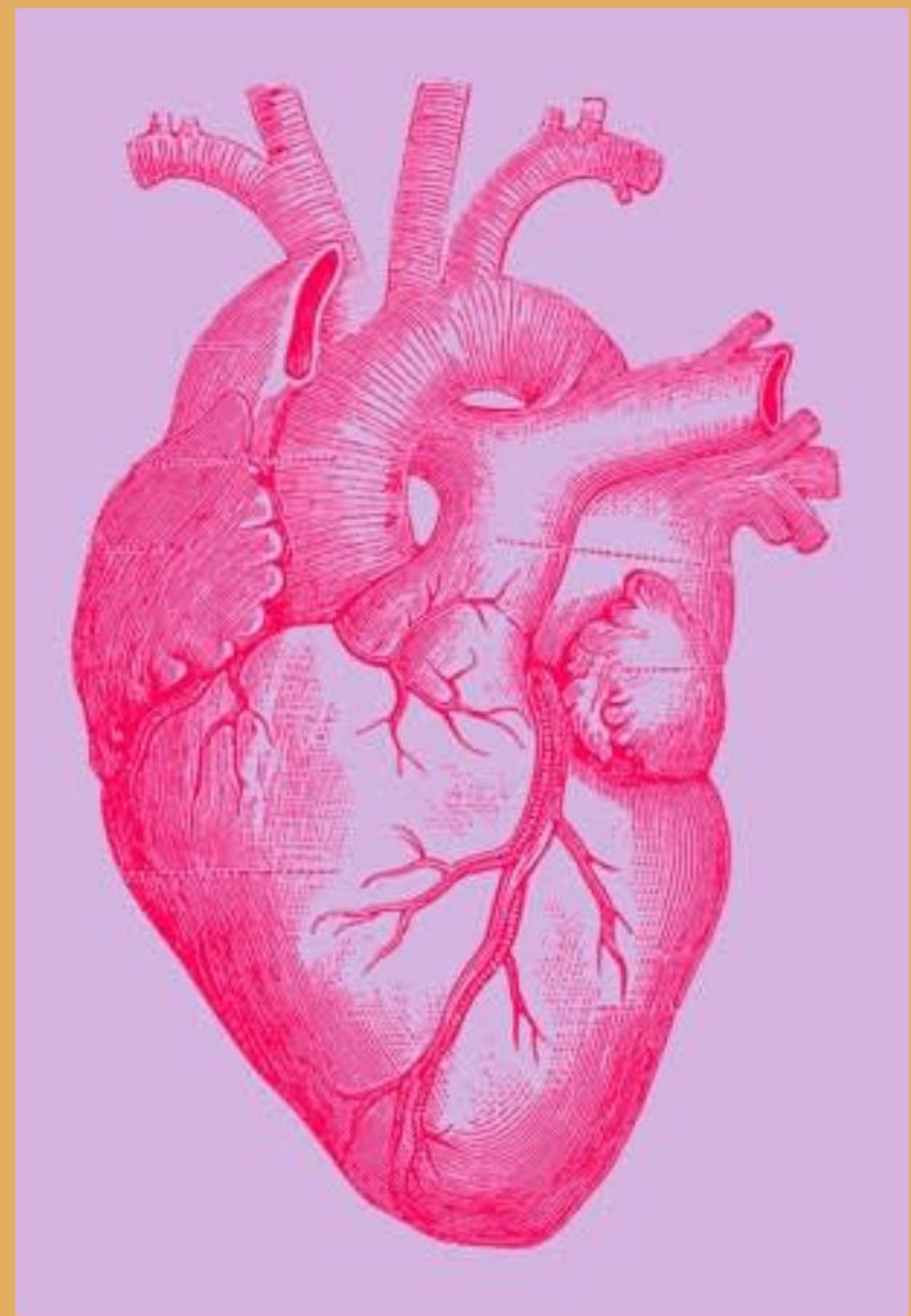
But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.



GOD PURSUES THE FACULTIES OF THE HEART

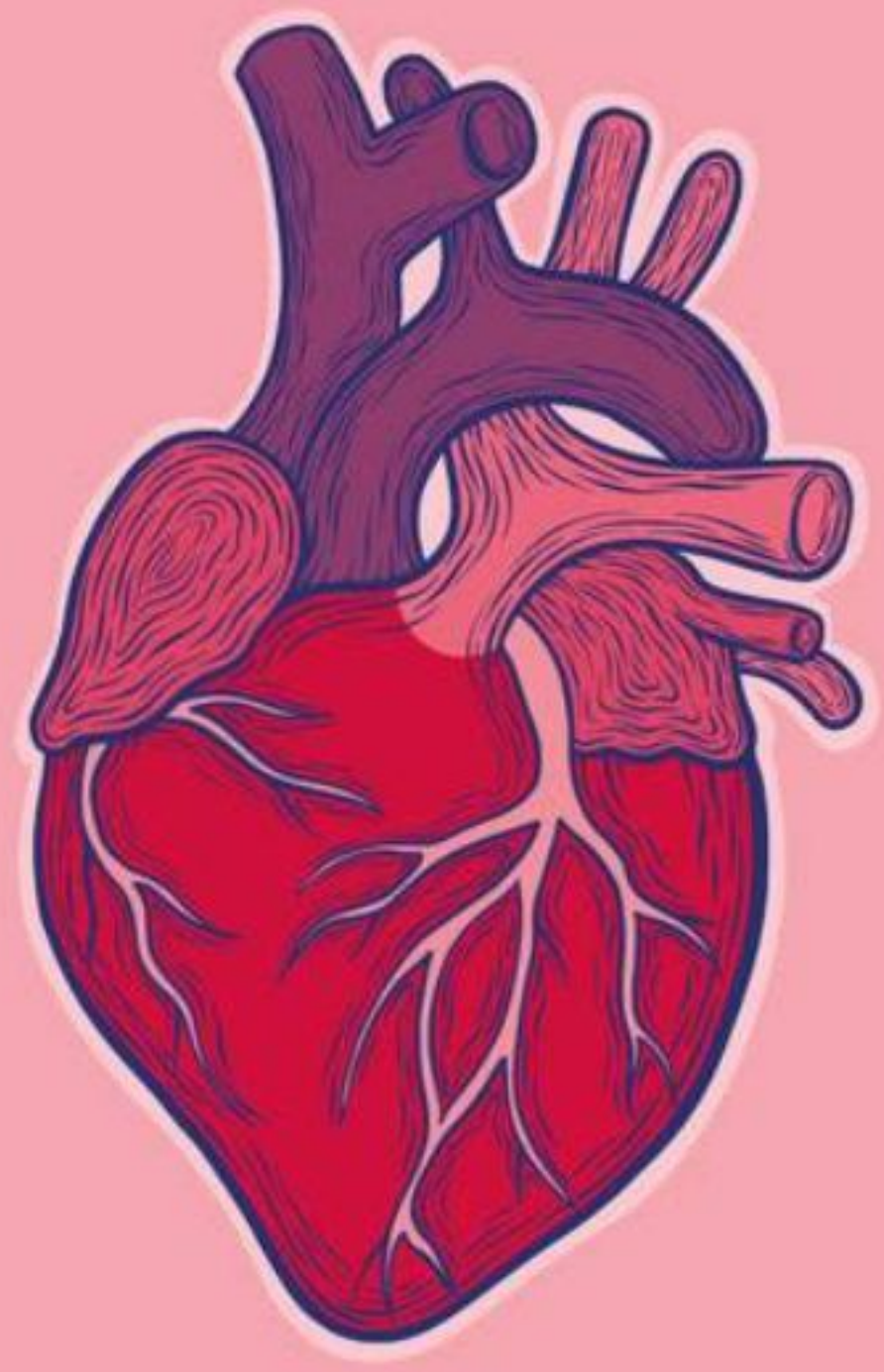
Faith, hope and love are from the heart

"WITH ALL YOUR HEART AND SOUL"

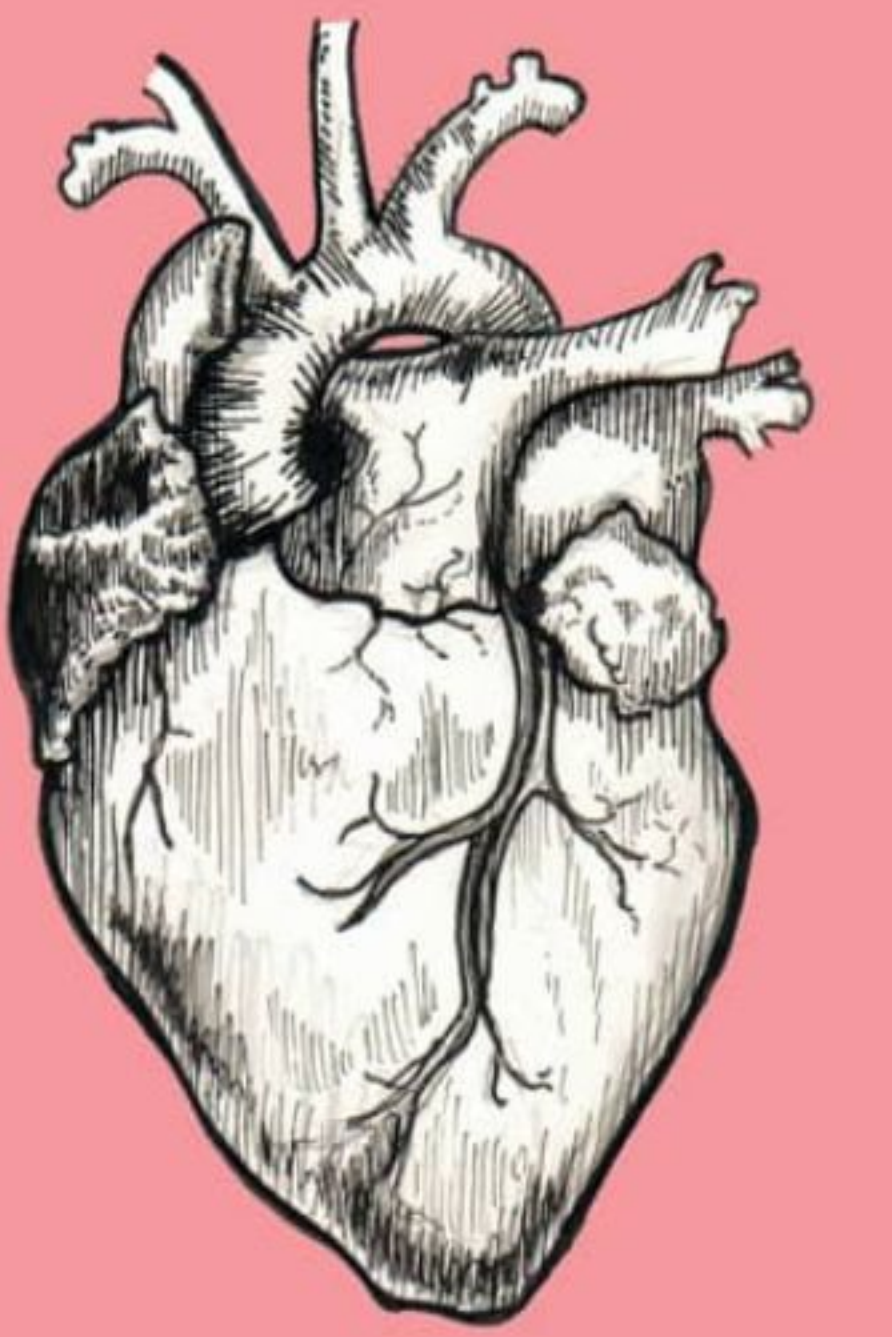


**Everything God calls us to
we are to do with all our
heart and soul.**

**Deut 4:29, 6:5, 10:12, 30:6,
Prov 2:6-10, Matt 22:37...**



WHAT IS THE "HEART"?



The "heart" is what is at the heart of the human person.

The nexus of the faculties of our being
The confluence of all the streams of who we are
The functional hub of our spiritual self
The white hot center of who you are

BIBLICAL "HEART"

The concept of the heart **is not** just a place of commitment or where we register feelings.

It is where our being and identity is expressed and where our character is defined.

"Heart" is in more than 500 verses.



SPIRITUAL HEARTS HAVE "PROVIDENT EMOTION"

Provident: Directed under the control of God's truth and goodness. Intentional.

Emotion: The fiery energy and passion of emotion is present and flows freely.

A SPIRITUAL HEART

Is passionate about the right commitments.

Serves, enjoys and cares about others.

Can face hardship, enjoy delights, and lament.

Has the emotional warmth that makes virtues divine.

Is seeking to grow in love in order to better experience God's kingdom and righteousness.

5 HEART CHOICES

1. God wants to lead you into spiritual emotion
2. It won't ever "just happen" in our environment
3. Do the next good thing
 1. Come to the next 5 worship services
 2. Start stoking spiritual emotion with devotions
 3. Start with the gospel—more of it (healer)

THE NEXT GOOD THING

pursuing gospel resilience