

Emotional exhaustion can lead to spiritual exasperation.



Isaiah 40:27

Why do you say, O Jacob, and complain, O Israel, "My way is hidden from the LORD; my cause is disregarded by my God"?



God stands ready to give us comfort and strength his way.



Isaiah 40:31

...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.



God can make the heart burst with joy in the midst of exhausting confusion.



How does someone experience the offer of Isaiah 40:31?



Isaiah 40:27 — 3I

Why do you say, O Jacob, and complain, O Israel, "My way is hidden from the LORD; my cause is disregarded by my God"? Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom.

Isaiah 40:27 — 3I

He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Those who wait on the Lord "change their strength"

2 Corinthians 12:9



