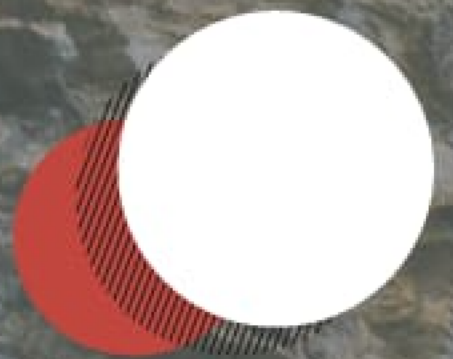
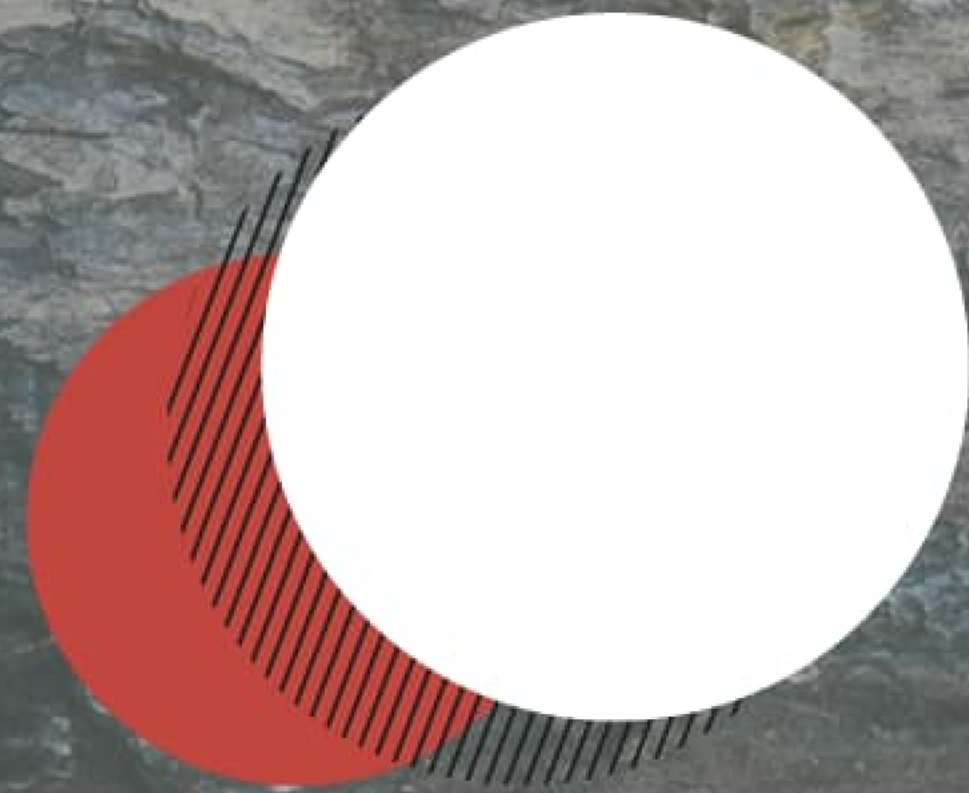


# *SCRIPTURE READING*

PSALM 32

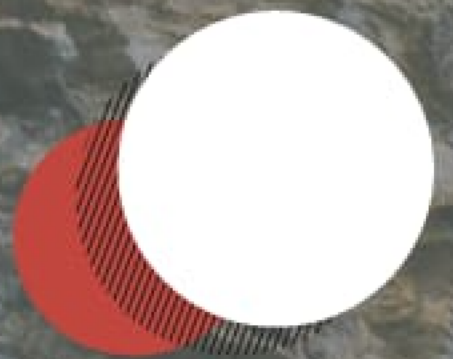




*R I ~~S~~ E N*

FINDING HOPE AND COURAGE AT THE BOTTOM

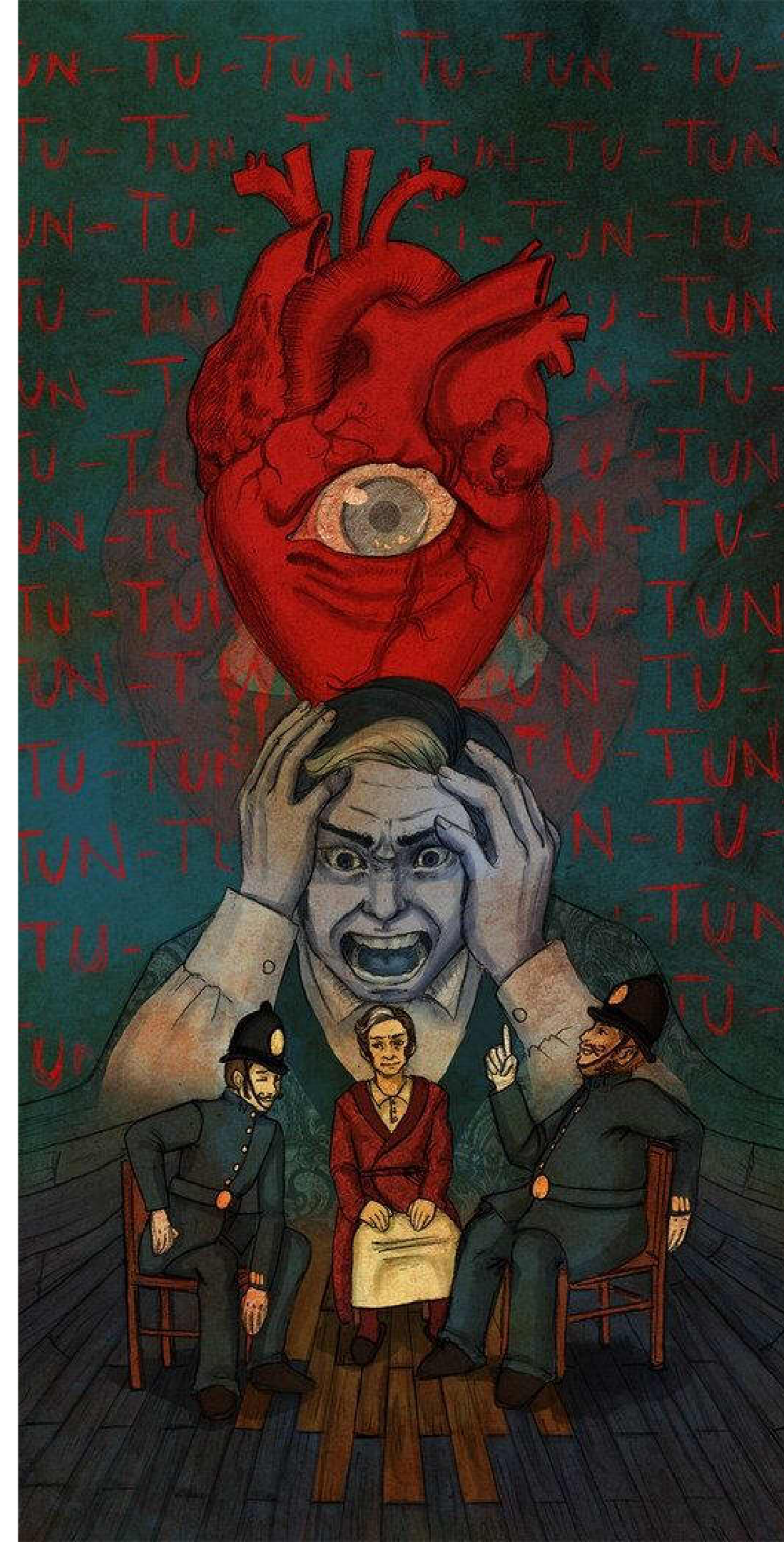
Life is full of slips, trips and falling into pits.



# *The pit of an avenging conscience*



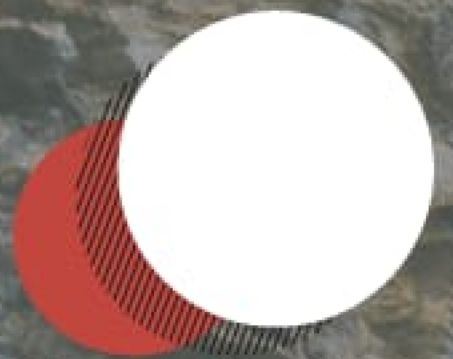
Literature magnifies an inescapable truth:  
We do not control our conscience



## *Psalm 32:1 – 2*

Blessed is he whose transgressions are forgiven, whose sins are covered.

Blessed is the man whose **sin the LORD does not count against him and in whose spirit is no deceit.**



# *Blessedness of conscience is:*

1. Forgiveness, atonement and reconciliation with God.
2. Have no internal deceit in yourself





*SPIRITUAL INTEGRITY  
HEALS YOUR  
SPIRITUAL BONES.*



*GOD WILL GIVE YOU  
STRENGTH TO RISE  
THROUGH SPIRITUAL  
INTEGRITY.*





*GOD WILL GIVE YOU  
STRENGTH TO RISE  
THROUGH CONFESSION.*

## *The Cost:*

You must forfeit justifying yourself in order to receive the justification of God.



# *Expressive Romanticism*

Guilt and shame come from other people's expectations and judgments, telling you that you're unworthy.

Christianity makes you grovel before God. Free your mind, and you can live full hearted in your truth and be free enough to be yourself and be happy.

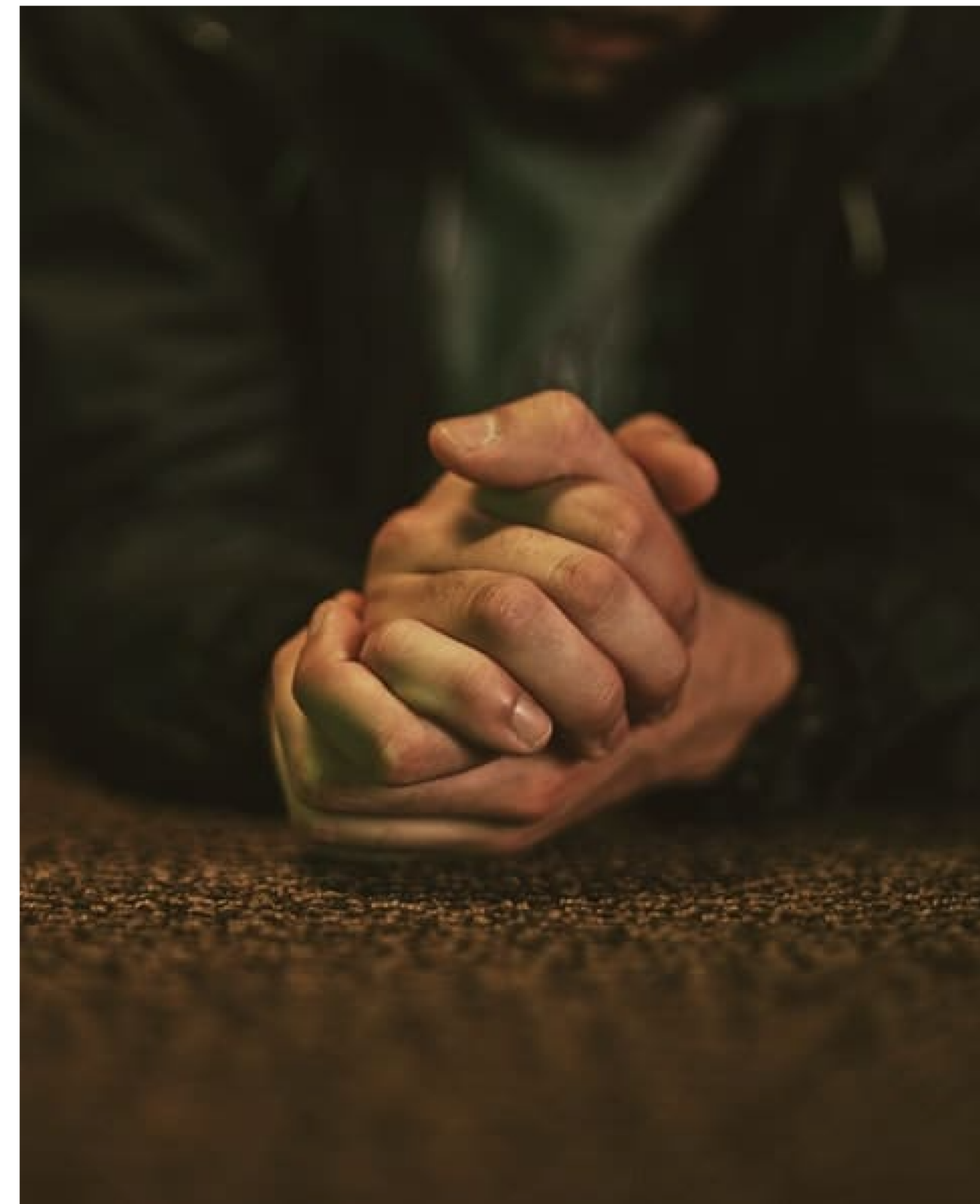
The world *should* be this way, so it is.



# *Revenge of conscience and conviction*

## **4 parts of redemption:**

- 1. Confession**
- 2. Atonement**
- 3. Reconciliation**
- 4. Justification**



# *3 roles of conscience*

1. Cautionary: "don't..."
2. Accusatory: "you shouldn't have..."
3. Avenging: "you can't ignore..."





*THE AVENGING  
CONSCIENCE*

*The avenging conscience leaves  
only 2 options:*

**1. Turmoil**

You're split in two

**2. Deceit**

You lie to yourself for relief



# *Penalties:*

**Turmoil** – is its own penalty and torment

**Deceit** – the furies of avenging conscience

**Furies** – diversion, avoidance, euphemism, virtue signaling, manufactured remorse, repression, intellectualizing, blurting, advocacy, story-telling, false atonement, self-loathing, faithless companionship, self-justification...





# *Psalm 32:3 – 5*

When I **kept silent**, my bones wasted away through **my groaning** all day long. For day and night **your hand was heavy** upon me; **my strength was sapped** as in the heat of summer. Selah

Then I **acknowledged** my sin to you and **did not cover up** my iniquity. I said, "I will **confess** my transgressions to the LORD"—and you forgave the guilt of my sin. Selah





*GOD WILL GIVE YOU  
STRENGTH TO RISE  
THROUGH CONFESSION.*



*WHY PAY THE  
TERRIFYING COST?*



*1. GOD CAN BE YOUR  
DELIVERER RATHER  
THAN YOUR  
DISCIPLINER*

## *Psalm 32:6 – 7*

Therefore let everyone who is godly pray to you while you may be found; surely when the mighty waters rise, they will not reach him. You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. Selah

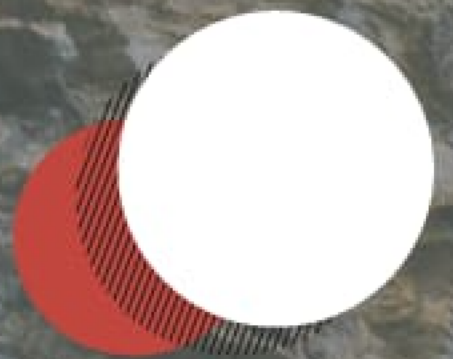




*2. GOD TEACHES WISDOM  
TO THE HONEST AND  
HUMBLE CONFESSOR.*

## *Psalm 32:8 – 9*

I will instruct you and teach you in the way you should go; I will counsel you and watch over you. Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you.



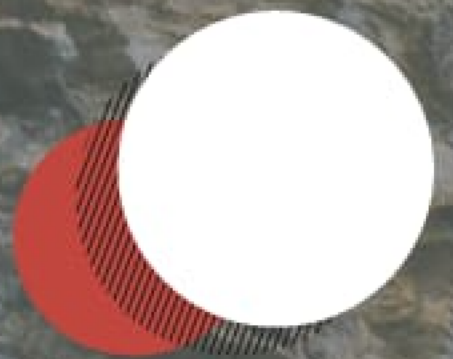


*3. UPRIGHTNESS OF  
HEART FINDS JOY AND  
ESCAPES MANY WOES.*



## *Psalm 32:10 – 11*

Many are the woes of the wicked,  
but the LORD's unfailing love  
surrounds the man who trusts in  
him. Rejoice in the LORD and be  
glad, you righteous; sing, all you  
who are upright in heart!



## *Romans 4:3 – 8*

What does the Scripture say? "Abraham believed God, and it was credited to him as righteousness." Now when a man works, his wages are not credited to him as a gift, but as an obligation. However, to the man who does not work but trusts God who justifies the wicked, his faith is credited as righteousness.



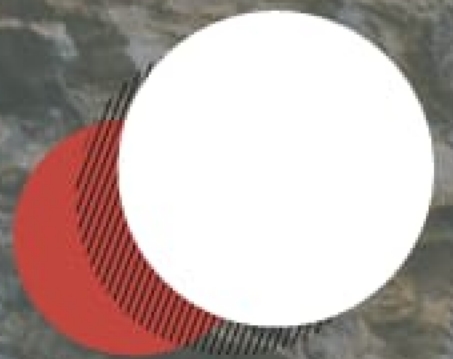
## *Romans 4:3 – 8*

...David says the same thing when he speaks of the blessedness of the man to whom God credits righteousness apart from works: "Blessed are they whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord will never count against him."



## *Romans 3:21 – 24*

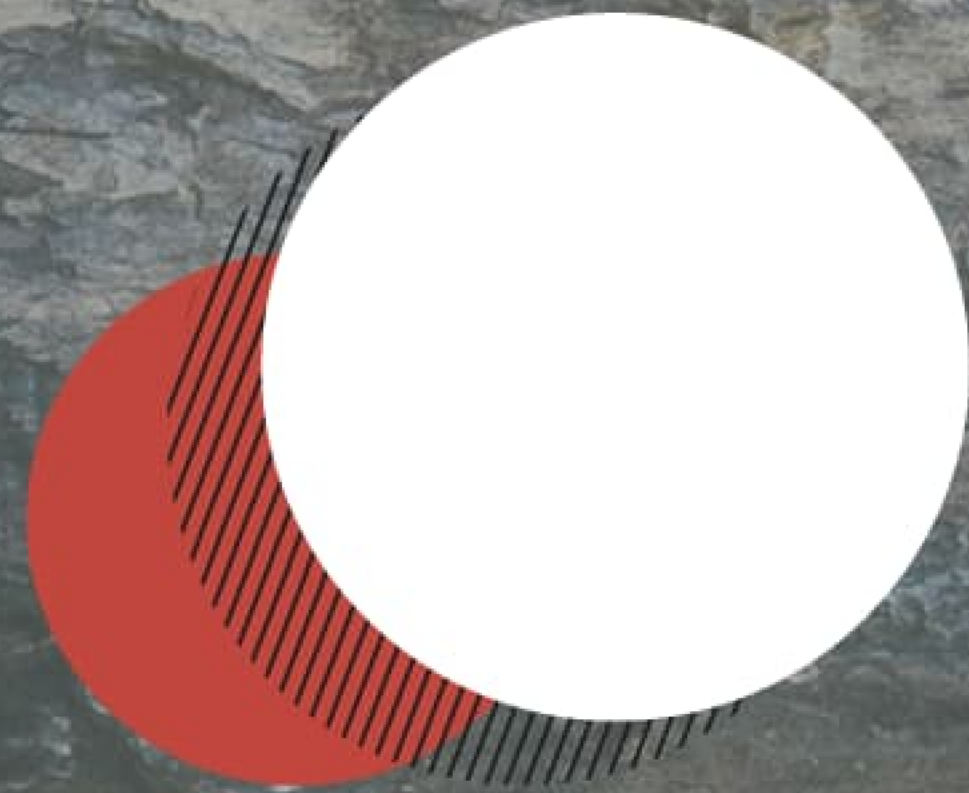
But now a righteousness from God, apart from law, has been made known, to which the Law and the Prophets testify. This righteousness from God comes through faith in Jesus Christ to all who believe. There is no difference...



## *Romans 3:21 – 24*

...for all have sinned and fall short of the glory of God, and are justified freely by his grace through the redemption that came by Christ Jesus.





*R I S E N*

FINDING HOPE AND COURAGE AT THE BOTTOM