

# EZEKÍEL

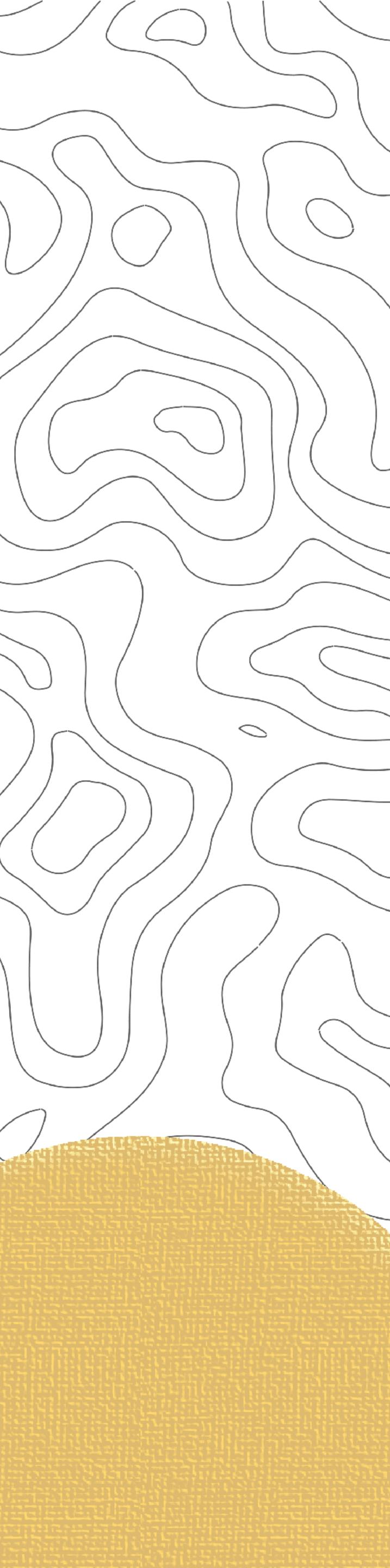
FINDING SPIRITUAL GRAVITY  
IN THE GLORY OF GOD

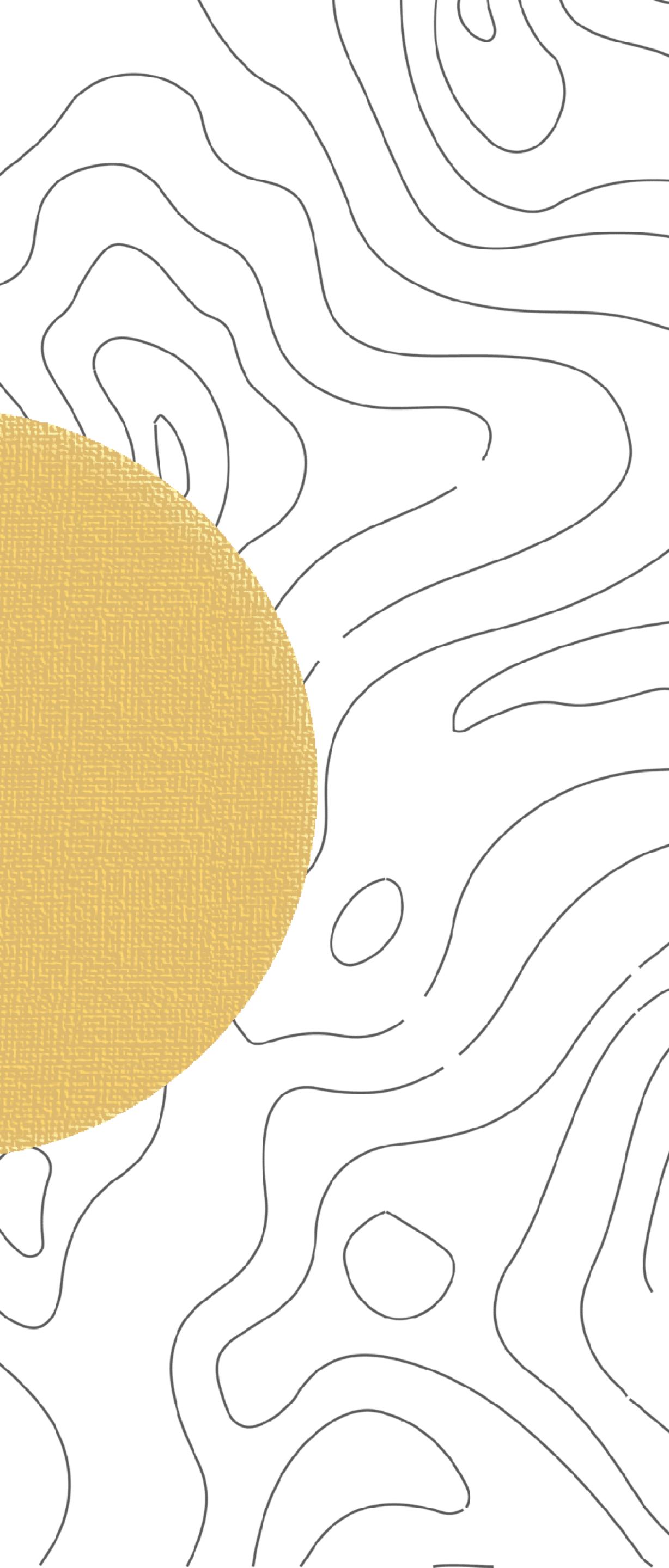
Mental  
health  
issues  
exist  
among all  
people



# Mental Health Issue (MHI)

a durable, debilitating state of consciousness that profoundly inhibits good human pursuits.





# Affliction & Infirmitiy

**Psalm 25:17 – 18** The troubles of my heart have multiplied; free me from my anguish. Look upon my affliction and my distress and take away all my sins.

# Possible MHIs in the Bible:

Saul – Paranoid Bi-polar?

David – Depression (Naomi, Job, Elijah, etc.)

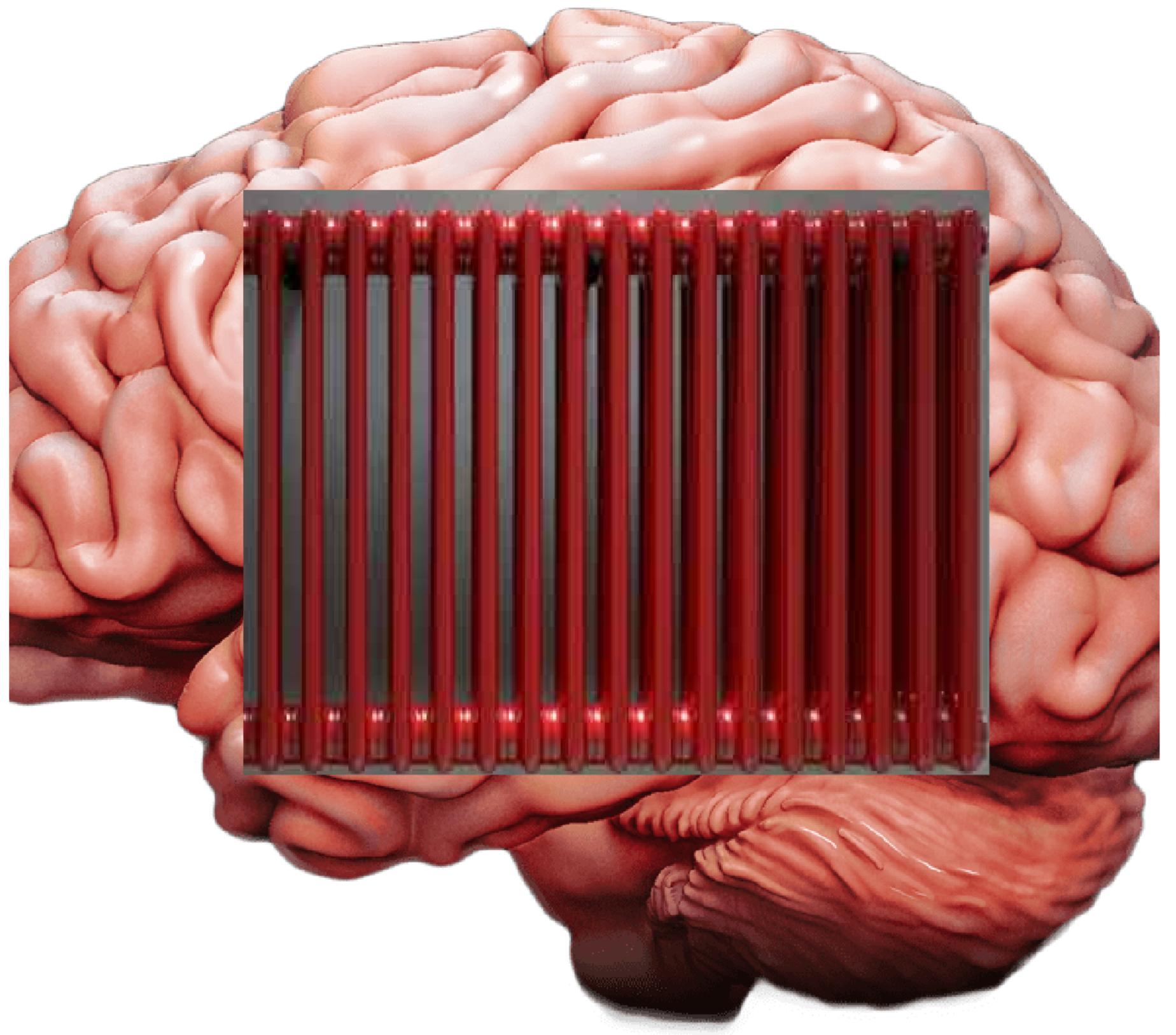
Judas – Suicidal (Jonah, Job, Saul)

Nebuchadnezzar – Lycanthropy

Demon Possessed – most extreme form of MHI.



# Language Parity



Radiator?

Scripture does not use  
modern scientific jargon,  
  
nor does it teach  
ancient mental  
misunderstandings.

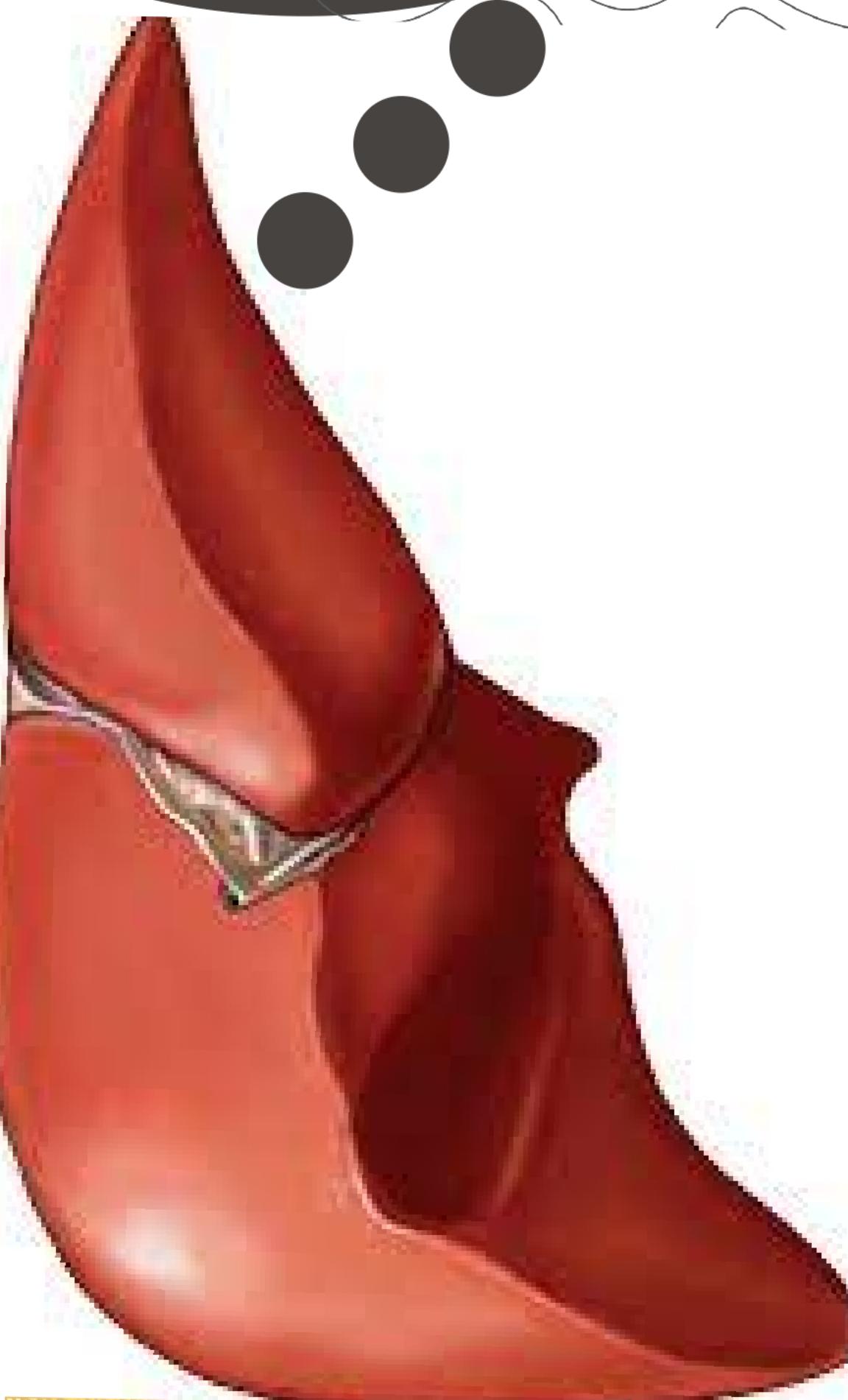


# Language Parity

Scripture uses many words to describe and instruct us on the inner life:

heart, mind, soul, spirit,  
stomach/liver/bowels, conscience,  
life/psyche, flesh, will, 'inner man',  
conviction, faith, etc.

I feel that  
deeply



Good psychology and  
theology recognize  
**different sources** of  
debilitating states of  
consciousness.



# Different MHI sources

- 1. Physical
- 2. Tempermental
- 3. Injury- 'Trauma'
- 4. Environmental
- 5. Delusion/confusion
- 6. Chosen/sin
- 7. Virtue deficit
- 8. Et al...



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## Counselor

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- Pastor
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Counselor

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# Takeaways:

1. We should expect  
Mental Health Issues

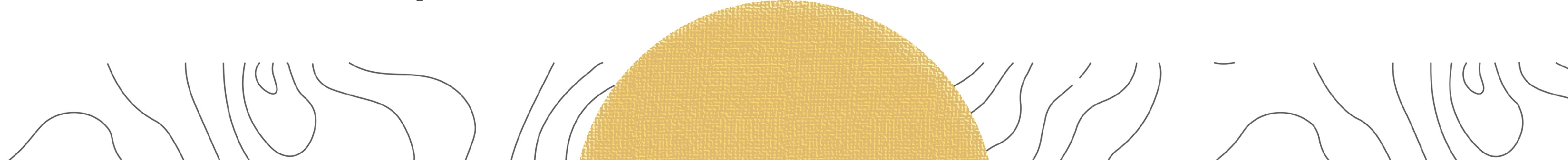
All 8 sources

# Takeaways:

"Combative openness"

## 2. Psychology is a natural science.

All science is part of dominion taking,  
wisdom and fighting the curse, and is subject  
to human perversion, delusion, and idolatry.





CULTUREBOX

## It's Not the Job Market

The three real reasons why Americans are more anxious before.

BY TAYLOR CLARK

JAN

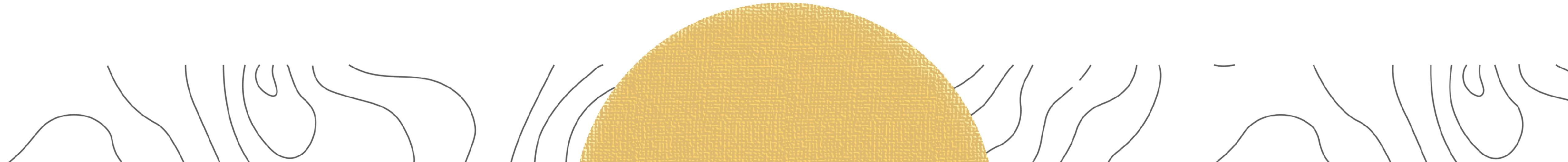
Why are college students so

**Social Media is  
big contributor of  
negative stim**

- Their Twitter feed:
1. Master's degrees a scam
  2. COVID at Olympics
  3. Delta variant and masks in LA
  4. My step sister wants my babies
  5. Can't trust men...
  6. My girlfriend's cheating...

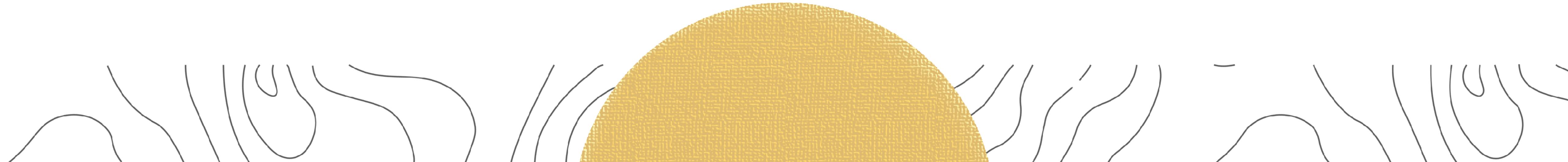
# Takeaways:

3. Jesus cares about our inner infirmities and weaknesses of all kinds.



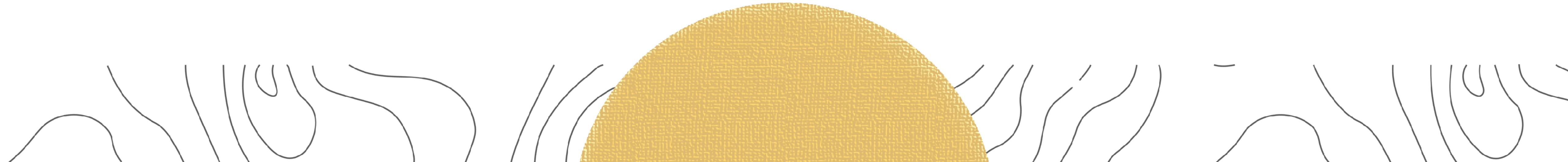
# Isaiah 53:4 – 6

Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed.



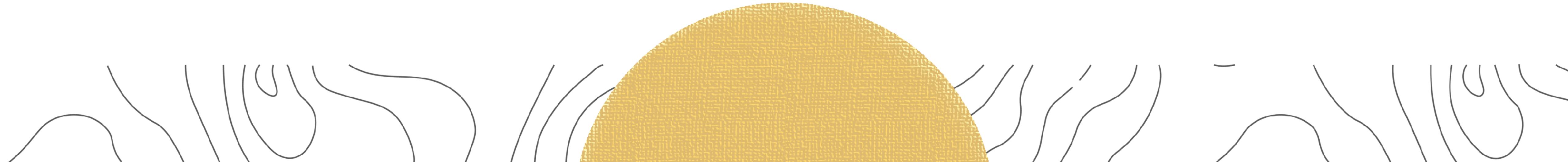
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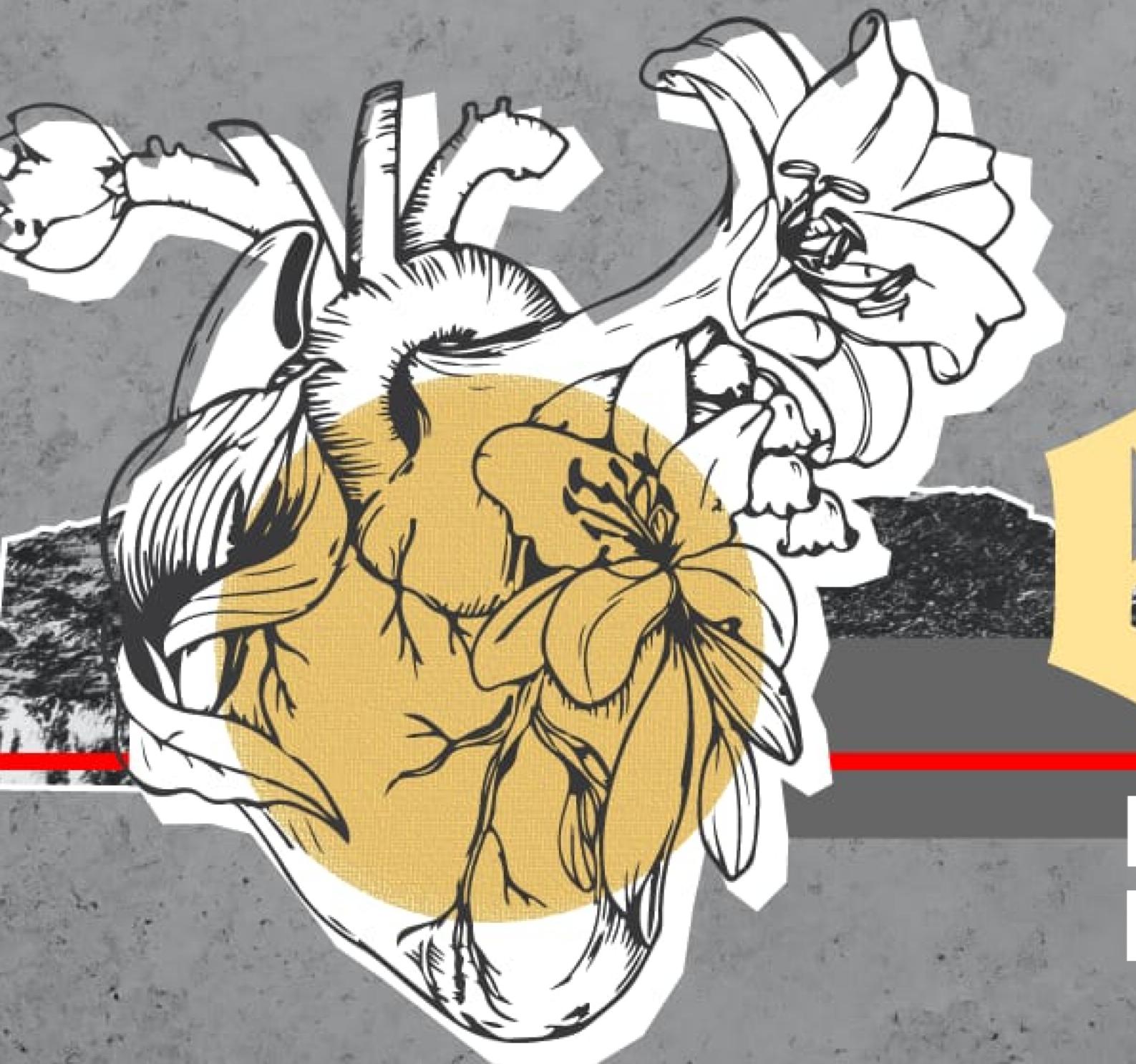
4. God uses people with MHIs



# 2 Corinthians 1:6 - 7

If we are distressed, it is for your comfort and salvation; if we are comforted, it is for your comfort, which produces in you patient endurance of the same sufferings we suffer. And our hope for you is firm, because we know that just as you share in our sufferings, so also you share in our comfort.





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