



# ***B.L.E.S.S.***

*Bless is a new approach to prayer  
and evangelism.*

It's less about downloading information, and more about loving our neighbors well. These missional practices can help us get "unstuck" and find new ways to share the gospel story. BLESS is an intentional pathway for people of all ages to become like Jesus and join His mission.

This journal is a resource for your BLESS journey with prompts for each practice. These prompts will help you see new opportunities to join the Spirit in blessing people in your life who do not know God.



*[highpointchurch.org/bless](https://highpointchurch.org/bless)*

# How do I *BLESS* someone in my life?



## *BEGIN WITH PRAYER*

Ask God to show you two to three people in your life who do not know God, and pray for them each day.



## *LISTEN WITH CARE*

Pay attention to people's dreams and pain. Listen for evidence of God's work in their lives.



## *EAT TOGETHER*

Share meals together.



## *SERVE IN LOVE*

Be attentive to opportunities God provides you to care for people and attend to their needs.



## *SHARE THE STORY*

Once you build a relationship and earn trust, look for ways you can share the story of how Jesus is transforming your life and the world.

## TRACK YOUR PROGRESS

Use the pages throughout this journal to help you on your BLESS journey.



# *Begin with Prayer*

Begin by brainstorming the names of people in your life who do not yet have a relationship with Jesus. Then write down ways you want to ask God to help you deepen your own relationship with them.

*Collaborate with  
the Holy Spirit.*

*PEOPLE WHO DO  
NOT KNOW JESUS:*

*MY PRAYER  
NEEDS:*

# *Possible Ways to Pray*

- Pray as you go (drive, eat, shop, etc.).
- Use an item you see regularly to remind you to pray whenever you see it.
- Pray that \_\_\_\_\_ will become thirsty for God. (JOHN 7:37 – 39)
- Pray that the Father will draw \_\_\_\_\_ to Jesus. (JOHN 6:44 – 45)
- Pray that \_\_\_\_\_ will become open to God's truth. (2 CORINTHIANS 4:4 – 6)
- Pray that \_\_\_\_\_ will take genuine steps of repentance. (2 CORINTHIANS 7:10)
- Pray that \_\_\_\_\_ will become receptive to God's grace. (ROMANS 3:23 – 24; TITUS 3:4 – 7)
- Pray that \_\_\_\_\_ will clearly experience God's love. (1 JOHN 4:7 – 10, 19-21)

*PRAY FOR PEOPLE IN YOUR LIFE WHO ARE FAR FROM GOD.*

*ASK GOD:*

*"HOW DO YOU WANT TO USE ME TO BLESS  
THE PEOPLE IN MY LIFE?"*

# *Begin with Prayer*

Write down the names of two to three people you identified to BLESS and the specific prayers you have for them

1.

*Name:*

---

*My prayers are:*

2.

*Name:* \_\_\_\_\_

*My prayers are:*

3.

*Name:* \_\_\_\_\_

*My prayers are:*

# Reflections

WRITE YOUR REFLECTIONS ON BEGINNING WITH PRAYER HERE.

*/ SAW THESE ANSWERS TO PRAYER:*

*/ SAW THE HOLY SPIRIT WORK THROUGH...*

*WHERE AM I STUCK?*



*HOW IS THE HOLY SPIRIT LEADING ME TO BLESS  
PEOPLE IN MY LIFE?*

Share your story with us at [highpointchurch.org/bless](https://highpointchurch.org/bless).



# *Listen with Care*

What are some natural opportunities to listen in your life?

**How can you create opportunities to listen?**

*If you want to be a good listener, think of yourself as someone who comes alongside another person—not to give advice, but to learn the other person's real story.*

## ***WAYS TO LISTEN:***



Phone Calls



Emails



Social Media



Texts



While Together

# *Opportunities to Listen:*

*Name:*

*Name:*

*Name:*

**Pay attention to people's dreams and pain.  
Listen for evidence of God's work in their lives.**

# *Listen with Care*

List the two to three people you are listening to on the BLESS journey and what you are learning as you listen.

*1.*

*Name:*

---

*/ am learning...*

2.

Name: \_\_\_\_\_

*/ am learning...*

3.

Name: \_\_\_\_\_

*/ am learning...*

# Reflections

*WHEN / LISTENED,*

*/ HEARD:*

*/ SAW THE HOLY SPIRIT WORK IN:*

*/ LEARNED / CAN LISTEN BETTER BY:*

*NEXT STEP OPPORTUNITIES:*

Share your story with us at [highpointchurch.org/bless](https://highpointchurch.org/bless).



# *Eat Together*

Share meals with people in your life who do not have a relationship with God. Engage in meaningful conversation.

## *NATURAL OPPORTUNITIES FOR CONNECTION:*

*Whether you are eating a meal together or just hanging out, the idea behind this practice is to intentionally spend time together, connecting on a deeper level and building relationship with people who do not know God.*



## Possible Ideas

- Have dinner together in your home or at a restaurant.
- Share a pizza.
- Enjoy a cup of coffee together.
- Host a holiday party.
- Organize a block party or neighborhood BBQ.
- Include others in your family celebrations.
- Try new restaurants together.
- Add one person to one meal per week.
- Throw a small dinner party.
- Create an affinity group.
- Teach someone how to cook.
- Attend a party of theirs or throw one together.

*SHARING MEALS TOGETHER ON A REGULAR BASIS IS ONE OF THE MOST SACRED PRACTICES WE CAN ENGAGE IN AS BELIEVERS. THROUGH THE SIMPLE ACT OF EATING TOGETHER, WE PRACTICE HOSPITALITY, BUILD COMMUNITY, AND DEEPEN RELATIONSHIPS.*

# *Meal Plans & Ideas:*



# *Eat Together*

List the two to three people you are sharing your BLESS journey with and some opportunities you have eat together.

*1.*

*Name:*

---

*Meal plans:*

2.

*Name:*

---

*Meal plans:*

3.

*Name:*

---

*Meal plans:*

# Reflections

*WHEN I LISTENED,*

*I HEARD GOD SAY:*

*I SAW THE HOLY SPIRIT WORK BY:*

*OUR CONNECTION DEEPENS WHEN:*

*OBSERVATIONS FROM MY BLESS JOURNEY SO FAR:*

Share your story with us at [highpointchurch.org/bless](https://highpointchurch.org/bless).



# *Serve with Love*

Be attentive to opportunities God provides to care for other people and meet their needs.

*For the next generation,  
compassionate service is the most effective  
on-ramp to evangelism.*

*We've found that before skeptical young  
adults embrace faith, they first want to  
know that it makes a difference  
(a show-then-tell-logic).*

—By Tim Lucas and Warren Bird in  
Liquid Church:  
6 Powerful Currents to Saturate Your City for Christ



# *Ways to Serve*

## ***WAYS / CAN SERVE THEM***

- Offer to pray.
- Keep someone company.
- Be generous with your gratitude.

*You may choose to serve others.  
However, sometimes the greatest opportunities come  
when you allow others to serve you.*

## ***WAYS / CAN ACCEPT SERVICE FROM OTHERS***

- Accept their compliments.
- Borrow something.
- Share your needs with your neighbors openly.

## ***WAYS WE CAN SERVE TOGETHER***

- Volunteer to take care of a tangible need (cook a meal, babysit, shovel snow, etc.).
- Volunteer for a shelter, food pantry, fund raiser, etc..
- Help with a community event or nonprofit.

# Determine your next steps for serving with love

Name	Find Potential Projects	Propose Potential Projects	Confirm Project	Follow-up the day before	Serve Together
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# *SOME OBSTACLES TO OVERCOME & STEPS TO OVERCOME THEM:*

# Reflections

*I GREW IN CHRIST BY:*

*I FOUND NATURAL OPPORTUNITIES WHEN:*

*I SAW THE HOLY SPIRIT WORK IN:*

*/ LEARNED:*

Share your story with us at [highpointchurch.org/bless](https://highpointchurch.org/bless).



# *Share the Story*

When in your life was God most real to you? When has your encounter with Jesus been most influential? When have you most connected to the reality of the spiritual side of life?

*That's your crucial story to learn to share.*

*THAT'S THE STORY THAT WILL BE MOST RELEVANT FOR YOU  
AS A GUIDE TO OTHERS IN THEIR SPIRITUAL JOURNEY.*

—RICK RICHARDSON, REIMAGINING EVANGELISM:  
INVITING FRIENDS ON A SPIRITUAL JOURNEY

*OPENINGS IN MY CALENDAR*

*NATURAL OPPORTUNITIES FOR CONNECTION*

*ONCE YOU BUILD RELATIONSHIP  
AND EARN TRUST, LOOK FOR WAYS TO SHARE  
THE STORY OF HOW JESUS IS TRANSFORMING  
YOUR LIFE AND THE WORLD.*

## *Ideas for Sharing the Story of God's Love:*

# *What's Your Story?*

*WRITE OUT YOUR 2-MINUTE VERSION BY ANSWERING THESE QUESTIONS.*

- What were you like before Jesus? (20 seconds)
- How did you discover Jesus? (20 seconds)
- What happened when you met Him? (40 seconds)
- What difference(s) has your relationship with Jesus made in your life and to those around you? (40 seconds)

*BEFORE / KNEW JESUS...*



*DISCOVERING JESUS*

*A NEW PERSON SINCE...*

# *Share the Story*

The Story of God's Love

## ***A GOSPEL PRESENTATION***

---

**God is love and created the world for love—  
this includes you and me.**

*"Give thanks to the Lord, for he is good. His love endures forever!"*  
— PSALM 136:1

God loves us lavishly and created us to enjoy a perfect loving relationship with God, with each other, and with all creation. This was God's intention from the very beginning.

**In what ways have you experienced  
the love of God?**

***THE WORLD IS BROKEN BECAUSE OF OUR SIN,  
WHICH SEPARATES US FROM GOD AND LEADS TO  
SUFFERING AND DEATH.***

*"All have sinned and fall short of  
the glory of God."*  
— ROMANS 3:23

*"The wages of sin is death."*  
— ROMANS 6:23

We sin when we do not act with love toward God or others, whether in active rebellion or passive indifference. Sin leads to death and eternal separation from God. Humanity cannot save itself from the persistent reality of sin and death.

**In what ways have you experienced brokenness in  
the world or in yourself?**

***GOD LOVES THE WORLD AND SENT JESUS TO HEAL  
OUR BROKENNESS THROUGH HIS LIFE, DEATH, AND  
RESURRECTION.***

*"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."*

— JOHN 3:16

*"God demonstrates his own love toward us in this: While we were still sinners, Christ died for us." — ROMANS 5:8*

*"Christ died for our sins....He was buried... he was raised on the third day according to the Scriptures...he appeared to Cephas, and then to the twelve. After that, he appeared to more than five hundred."*

— 1 CORINTHIANS 15:3-6

God sent his son Jesus not only to show us the way, but also to provide the way. After living a sinless life of perfect love, Jesus bore our sins upon himself and sacrificed his life for us on the cross (1 Peter 2:24 – 25). We cannot be saved through our good works. Through Christ alone we can experience healing, restored relationship with God and others, and full life now and forever.

**What are some ways in which you understand love and sacrifice to be connected?**

***GOD INVITES US TO TURN FROM OUR SIN, RECEIVE  
GOD'S LOVE, AND THEN SHARE THAT LOVE  
WITH THE WORLD!***

*"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" —2 CORINTHIANS 5:17*

*"I have come that they may have life, and have it to the full". —JOHN 10:10*

**God extends a free invitation to each one of us to receive God's love, enjoy God's love, and join God's mission to heal the world.**

# *Walking with Them if They Choose Jesus*

## *1. BE EXCITED WITH THEM & FOR THEM*

## *2. DO THESE THINGS FOR THEM:*

- Read the Bible with them and talk about it. Start in John, then Acts or Philippians.
- Pray with them and talk about prayer.
- Invite them to your small group or church services.
- Introduce them to people they can connect with.
- Talk about God's love, forgiveness, grace, temptation, handling difficult times, and the Holy Spirit.
- Encourage them to tell their experience to their friends and family.

You can pick up two copies of *Knowing Christ* by Mark Jones (one for you and one for them) as a guide. Ask at the High Point Church front desk before or after services.

# *Themes to Teach:*

## *SALVATION*

Ephesians 2:8 – 9

John 1:12 – 13

## *ASSURANCE*

John 3:16

Ephesians 1:7

Philippians 1:6

## *TOTAL COMMITMENT TO CHRIST*

Matthew 22:37 – 38

1 Corinthians 6:19 – 20

## *THE BIBLE*

Psalms 1:2 – 3

2 Timothy 3:15 – 16

James 1:22

## *PRAYER*

Jeremiah 33:3

1 John 3:21 – 22

1 John 5:14 – 15

## *THE HOLY SPIRIT*

1 Corinthians 3:16

Romans 8:14

John 14:26

Romans 8:26

## *SHARING YOUR STORY*

Matthew 5:16

1 Peter 3:15

2 Corinthians 5:20

# *Share the Story*

Follow-up to connect them with Christ...

*1.*

*Name:*

---

*Connections...*

2.

Name:

---

Connections...

3.

Name:

---

Connections...

# Reflections

*AS I SHARED, I HEARD GOD SAY:*

*I SAW THE HOLY SPIRIT WORK BY:*

*I CAN SHARE AGAIN:*



*/ LEARNED:*

Share your story with us at [highpointchurch.org/bless](https://highpointchurch.org/bless).

# *Celebrate!*

*/ LEARNED ... ABOUT MYSELF*

*/ LEARNED ... ABOUT GOD AND THE HOLY SPIRIT*

*THE HOLY SPIRIT IS LEADING ME TO...*



As you have traveled your **BLESS** journey, we recognize the path can be circuitous. We pray that you have been able to witness the work of the Holy Spirit in the lives of the people on your **BLESS** list as they travel their own journeys toward God. We pray that you have been blessed in your own deepening relationship with God as well as with your friends and family and that you have been a blessing to others. We encourage you to continue on the **BLESS** path as we seek to make more disciples who make disciples of all ages.



SHARE YOUR STORY WITH US AT  
[HIGHPOINTCHURCH.ORG/BLESS](https://highpointchurch.org/bless)

